

INSTRUCTIONS

1. Combine the tuna, olive oil, bread crumbs, parsley, chives, garlic, salt, pepper, paprika, and egg in a large bowl until evenly mixed.
2. Divide the mixture into 4 equal portions, and form patties with your hands.
3. Heat a drizzle of olive oil in a large skillet over medium heat.
4. Place the patties in the skillet, and cook 3–5 minutes per side until patties are golden brown.
5. Serve on whole wheat buns with your preferred toppings. Enjoy!



YIELD
4 servings



METHOD
Stove Top



TIME
10 min.

