

Stronger Together

Tornado Recovery Support Group

A safe, supportive space to connect, share, and heal together.

All are welcome. Registration required.

Monday 5:30-6:30 PM Menasha Public Library

- 8/24 · Winnefox Room
 - 8/31 · Lake Winnebago Room
 - 9/14 · Fox River Room
 - 9/21 · Winnefox Room
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- Open to anyone affected by the July 27th Tornado residents, displaced families, clean up volunteers, first responders.
 - All ages 16+ welcome.
 - No cost.
 - Practical coping tools for stress, sleep, and getting through recovery.
 - A safe space to process this experience, connect with neighbors going through the same thing and learn practical tools for coping

Facilitated by: Deb Sampson LPC and Kathi Hennessey LICSW

Menasha Public Library, 440 First Street, Menasha, WI 54952

Questions or need to talk to someone first?

920-358-0582 · soulpsyched108@gmail.com

In crisis right now? Call or text 988, or text HOME to 741741.
For food, housing, or financial recovery help call 211