




JUNE

SUN	MON	TUE	WED	THU	FRI	SAT
CLOSED	1 10-11am Baby Cafe 5-6pm Extended Hours	2 4:30-6pm Family Fun Night	3 12-1pm GRG 5:30-8pm Nurturing Fathers	4 2:30-4pm Teen Hub	5 12-1:30pm Feel Good Friday	6 NORTH ATTLEBORO FARMERS MARKET 
CLOSED	8 10-11am Baby Cafe 5-6pm Extended Hours	9 4:30-6pm Tween Scene	10 5:30-8pm Nurturing Fathers 5-7pm Closed Group	11 2:30-4pm Teen Hub	12 12:30-2pm Caregiver Crafternoon	13 BUILDING WITH DAD 9-11AM 
CLOSED	15 10-11am Baby Cafe 4:30-6pm Financial Workshop 4-5pm DadLink (Virtual)	16 4:30-6pm Family Fun Night	17 9-5pm Food & Diaper Pantry Pick-Up 5:30-8pm Nurturing Fathers	18 12-1:30pm GRG 2:30-4pm Teen Hub	19 Juneteenth CLOSED 	20 CLOSED
CLOSED	22 10-11am Baby Cafe 4-6pm AP 0-5	23 4:30-6pm Tween Scene	24 5:30-8pm Nurturing Fathers 5-7pm Closed Group	25 2:30-4pm Teen Hub	26 12-1:30pm Feel Good Friday	27 CLOSED
CLOSED	29 10-11am Baby Cafe 4-6pm AP 0-5	30 10-11:30am Summer Reading Kick Off 4:30-6pm Family Fun Night				

If you are interested in any of our upcoming events or services listed below, please contact us.

HOURS OF OPERATION:

Monday through Friday: 9am-5pm

Tuesday, Wednesday, Thursday
Extended Programming Until 6pm

Saturday: Event only

FRC STAFF CONTACTS

Deborah Cosgrove - Program Director
dcosgrove@oldcolonymca.org

Lynn Furtado - Program Manager
lfurtado@oldcolonymca.org

Megan Barlow - Clinician
mbarlow@oldcolonymca.org

Michelle Rini - Family Support Worker
mrini@oldcolonymca.org

Sydney Williams - School Liaison
swilliams@oldcolonymca.org

Erika Cosgrove - Family Engagement
Ambassador
ecosgrove@oldcolonymca.org

General Email:

AttleboroFRC@oldcolonymca.org

OTHER FRC SERVICES:

Mental Health Referrals

Navigating School Systems

GATRA Passes & Information

Connection to Community Resources

Financial Assistance Application Support

774-203-1516

29 North Main Street
Attleboro, MA 02703



YOUTH PROGRAMS

Teen Hub

Looking for somewhere to hang after school? Come by the FRC for homework help, movies, games, snacks and more. This group is for teens ages 13-16! Contact Megan if interested.

Tween Scene

A fun, welcoming space for ages 9-12 to relax, make friends, and build social-emotional skills through games, creative activities, and conversation. Contact Sydney if interested.

WHOLE FAMILY EVENTS

Family Game Night

Family Game Night is a chance for families to unplug and enjoy classic and new games together in a welcoming, community-focused setting. All ages are welcome. Contact the general_email if interested.

North Attleboro Farmers Market

The FRC will be spending our Summer Saturdays at the North Attleboro Farmers Market. Come by [43 South Washington Street, North Attleboro, MA 02760](https://www.google.com/maps/place/43+South+Washington+Street,+North+Attleboro,+MA+02760) to say hi and check out the fun!

Fathers Day - Building with Dad

BEEP BEEP Calling all dads! Come by the FRC to celebrate fathers day with your family. Contact general_email to register.

Summer Reading Kick Off

Stop by Balfour Park celebrate Summer Reading! Kick off your summer and check out all fun and all the community resources Attleboro has to offer.

CAREGIVER SUPPORT

Feel Good Friday

Get ready to go into the weekend feeling your best! Come into Feel Good Friday for mindfulness and self care workshops. Contact Megan if interested.

If you've been meaning to schedule an appointment but just can't make it work in your schedule this is for you. Contact the general_email if interested.

Extended Office Hours

Financial Workshop

The FRC is partnering with Citizens Bank to offer a free financial literacy workshops designed to support individuals, families, and staff with practical, real-world money topics.

Nurturing Fathers

If you've been meaning to schedule an appointment but just can't make it work in your schedule this is for you. Contact the general_email if interested.

Caregiver Crafternoon

Whether you bring something from home or try a new craft provided each session, this is a space to unwind, share, and create in community. Contact Sydney if interested.

Grandparents Raising Grandchildren (GRG)

Are you a grandparent feeling like you are all alone in this journey? You are not alone! Come join and share with other grandparents raising grandchildren. Contact Lynn if interested.

Active Parenting (AP) 0-5

Active Parenting is program that will give you confidence and courage to meet the challenges and savor the joys of your children's younger years. This program will be held virtually. Contact Lynn if interested.

MONTHLY FOOD AND DIAPER PANTRY PICK-UP:

Wednesday, June 17th

YOU MUST REGISTER BY THE SECOND WEDNESDAY OF THE MONTH

Please note that between 12:30-2pm on TUESDAYS the office is closed for staff meeting.

Take our survey and let us know how we're doing!

