

July 1, 2024

Dear Patients,

We are sending information that is important to read regarding Blue Cross Blue Shield, Blue Choice, and Carefirst patients if they have been prescribed or will be prescribed Continuous Glucose Monitor (CGM) devices. The insurance regulations have changed and these patients will only be approved for the device if the following criteria are met and documented in the Medical Record by the treating practitioner.

**CRITERIA FOR CGM DEVICES REQUIRE 1 OR 2 AND 3**

- 1) Type 1 Diabetes Mellitus
- OR**
- 2) Type 2 Diabetes Mellitus and Intensive Insulin Regimen (4 or more daily insulin injections per day).
- AND**
- 3) The patient is motivated and knowledgeable about the use of CGMs.

Letters have been sent to patients from the insurer. We will need the medical records faxed to us after each visit to avoid delays in dispensing these supplies. Please note that Medical Records will need to be approved by us before dispensing as well. Medical Records can be faxed to 410-254-2152.

If you have any questions, please feel free to email us at [cgm@northernpharmacy.com](mailto:cgm@northernpharmacy.com).

Sincerely,

Your Northern Pharmacy & Medical Equipment Family