

Meaningful Conversations

What Lie
Are You Living?



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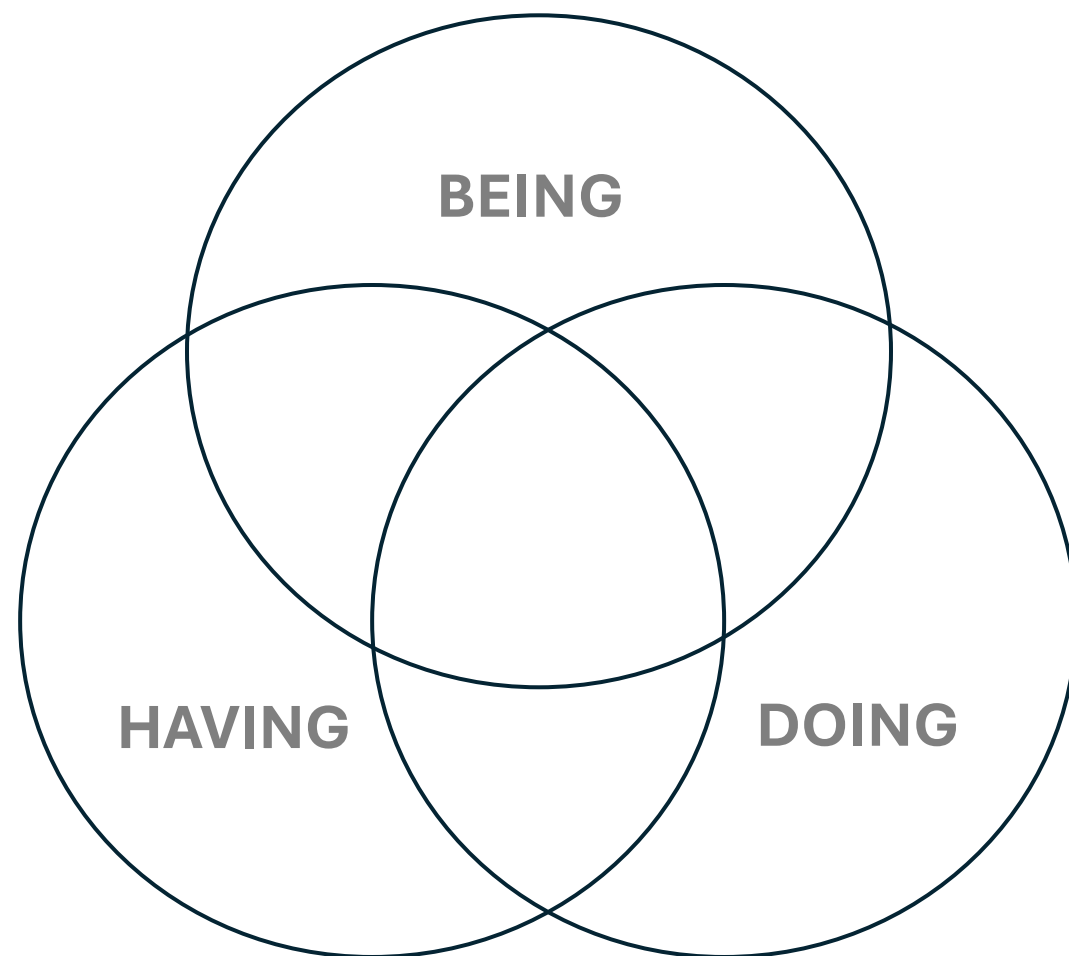
MAN'S SEARCH FOR MEANING VIKTOR E. FRANKL

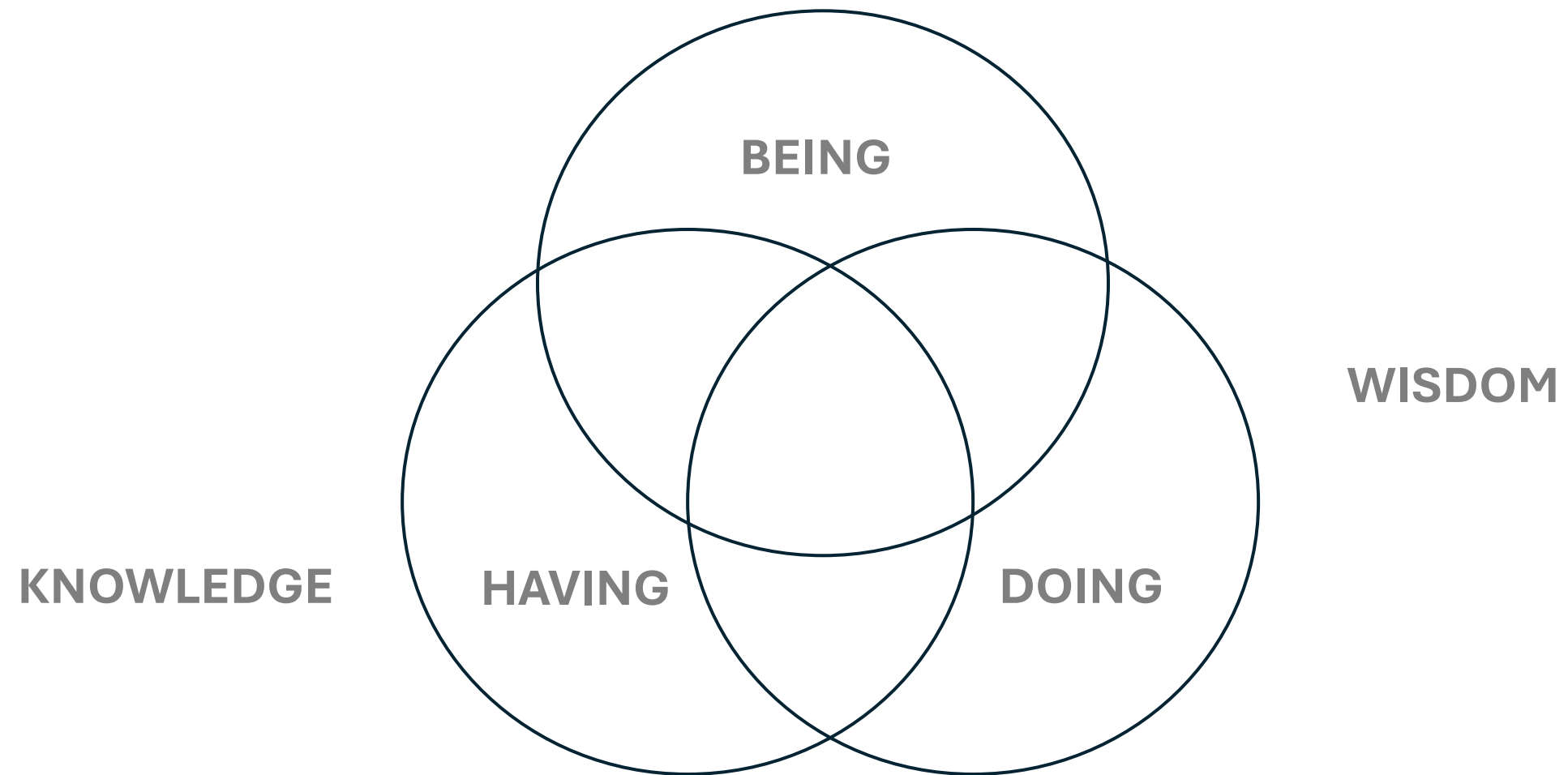
WITH A NEW FOREWORD BY
HAROLD S. KUSHNER



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<https://youtu.be/9zKF2dWkwvU>

THIS METAPHOR WILL HELP YOU UNDERSTAND YOUR TRUE **IDENTITY**



1.Drop your shoulders, take 1 or 2 conscious breath

2.Notice, acknowledge Thoughts, Feelings, Your Body

3.Smile

Repeat

One with the
Love, Peace,
Happiness you
were always
longing for

1. 3 beautiful things I experienced today

1. 3 beautiful things I experienced today
2. 2 little things I did today that I'm proud of.

1. 3 beautiful things I experienced today
2. 2 little things I did today that I'm proud of.
3. 1 thing that triggered me today: Why did it affect me, and what could I do differently next time?

Thank you for participating in this Event!

There are 3 steps I recommend you take now:

1st, review your notes and decide
what to implement when and how

Deep Contentment

Living a Life You Truly Love

Meaning · Wisdom · Wholeness

*A gentle, human depth of guidance
For clarity, inner strength, and a life that feels truly your own*

Thank you for participating in this Event!

There are 3 steps I recommend you to take now:

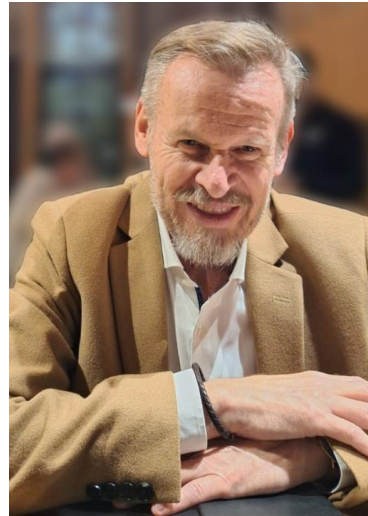
1st, review your notes

2nd, connect with me



DEEP CONTENTMENT

Living a Life You Truly Love
Meaning · Wisdom · Wholeness



DEEP CONTENTMENT

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LIVING A LIFE YOU LOVE

LET'S CONNECT:

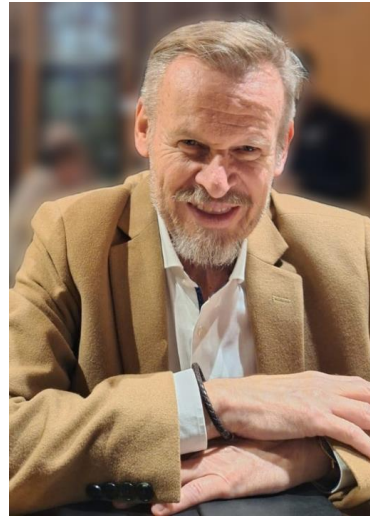
<https://www.langenecker.com/inspirations>

<https://www.linkedin.com/in/dieterlangeneckermentoring/>

<https://www.linkedin.com/groups/1920759/>

dl@langenecker.com

[Overview of Public Events](#)

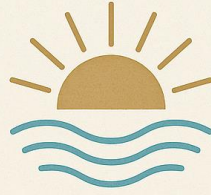


DEEP CONTENTMENT

Living a Life You Truly Love
Meaning · Wisdom · Wholeness

BOOK RECOMMENDATIONS

www.langenecker.com/books.html



YOU ARE MORE THAN YOU THINK

*The Little Book About
Living a Life You Love*

DIETER
LANGENECKER

<https://mybook.to/MoreThanYouThink>

Thank you for participating in this Event!

There are some steps I recommend you take now:

1st, review your notes

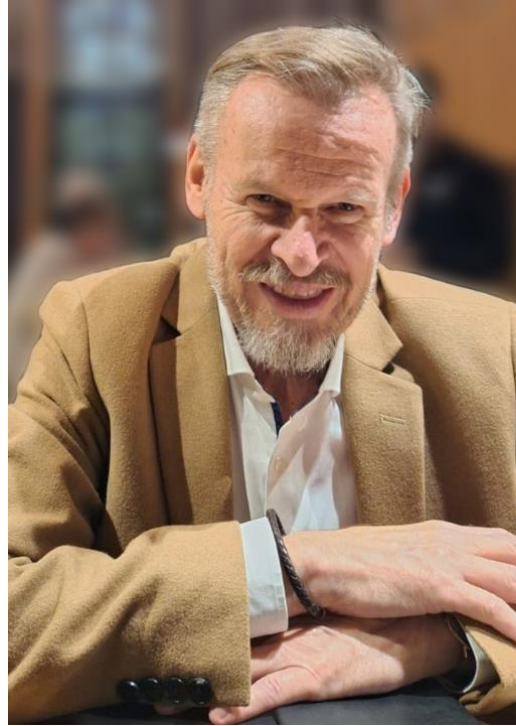
2nd, connect with me

3rd, a) **Become a
Certified Meaning Counselor**



BECOMING A CERTIFIED
MEANING COUNSELOR

Inspire, support,
and transform lives
with depth and clarity



BECOMING A CERTIFIED MEANING COUNSELOR

Inspire, support,
and transform lives
with depth and clarity

<https://www.langenecker.com/meaning-counselor-certification>

Thank you for participating in this Event!

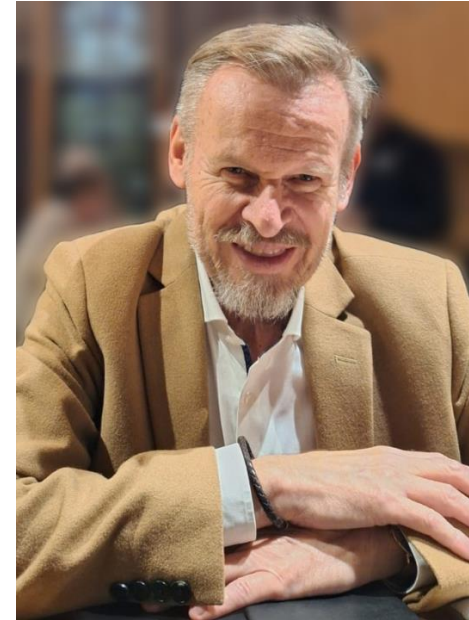
There are some steps I recommend you take now:

1st, review your notes (and the slides)

2nd, connect with me

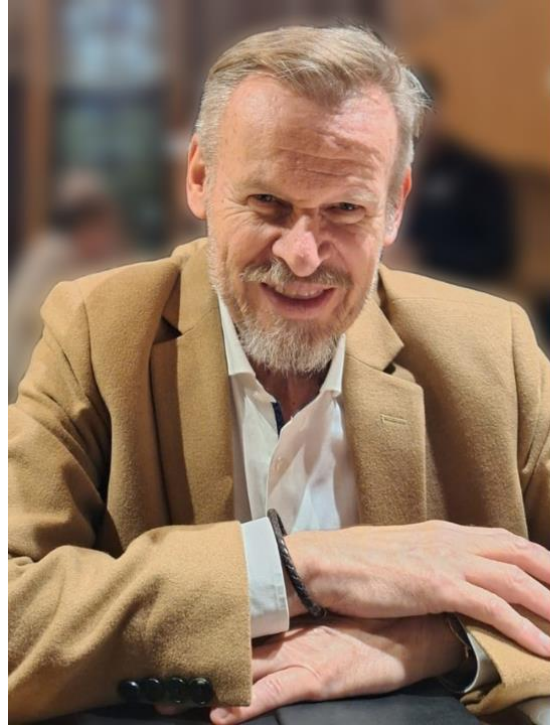
3rd, a) become a Meaning Counselor

b) **Grant yourself the gift of a
Personal Meaning Counseling**



PERSONAL MEANING COUNSELING

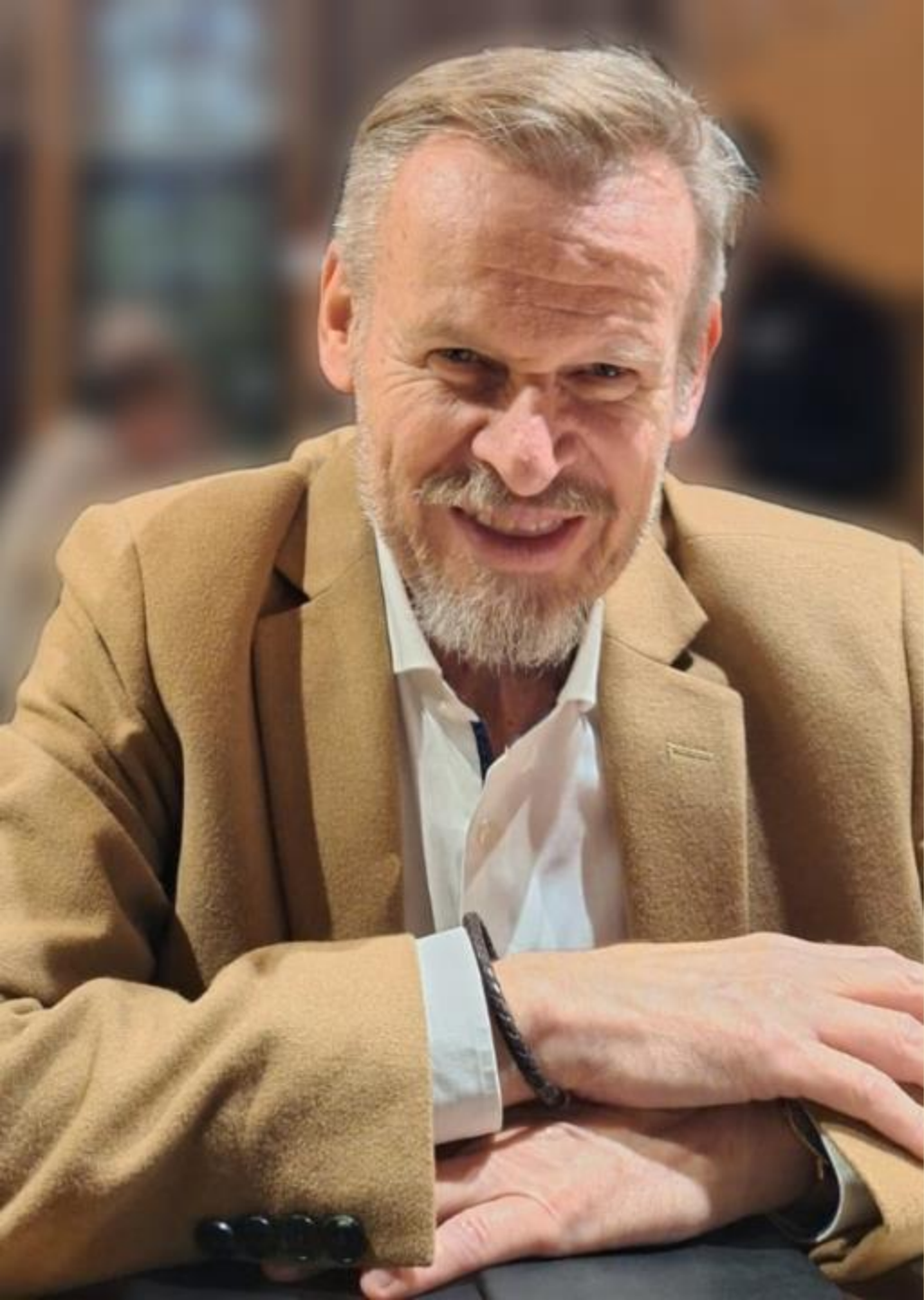
1:1 Guidance to
Cultivate a Life
You Truly Love



PERSONAL MEANING COUNSELING

1:1 Guidance for
Cultivating Meaning,
Wisdom, and Deep
Contentment

<https://www.langenecker.com/personal-meaning-counseling>



DEEP CONTENTMENT

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