

H.A.T Food Shopping List

Please when you are using the shopping list, be careful to read what it says for each of the items. They tried to make it easy for the kids if they happen to be alone during the day. Individual serving size

Apple Sauce /Individual serving size



Cheez-its Snack Bags /Individual serving size



Sandwich Crackers

Any flavor/Individual size



Fruit cups

Any flavor/ Individual serving size



Fruit Snacks /Any flavor

Individual serving size



Granola bars

Any flavor/ Individual serving size



Little Bites Muffins /Any flavor/Individual serving size



Microwave Popcorn



Nutella Snack Pack/ Individual serving size



Chips & dip /Individual serving size



Pudding cups/Any flavor /Individual serving size



Slim Jim Mini/ Individual serving size



Shelf Stable Milk (no refrigeration)

Chocolate, low fat, vanilla/ Individual serving size



Juice Boxes/Any flavor /Individual serving size



Boxed Cereal/Any flavor/ Individual serving size



Oatmeal packets

Any flavor/Individual serving size



Chicken and Tuna Salad Kits

Individual serving size



Beef Stew /Individual serving size



Chef Boyardee Rice with Chicken and Vegetables

Chef Boyardee Pasta/Any flavor/Individual serving size



Mashed Potatoes (ADD water Only)



Knorr Sides/ Any flavor



Kraft Easy Mac Packets



Noodle Soup Packets/ Any flavor



Tasty Bite Madras Lentils/Any flavor

