CITY OF CHULA VISTA

COMMUNITY CONNECTION

Keeping the community connected to information, programs, and services.

Protecting Yourself and Others from COVID-19

COVID-19 cases have been on the rise again in San Diego County. Helping to stop the spread is important. If you feel ill, the County's Public Health Services encourages testing for COVID-19 and staying up-to-date on vaccinations and boosters. Vaccine appointments can be scheduled by visiting: My Turn - California Vaccine Scheduling & Notifications.

Other general precautions include:

- Staying home if you are sick
- Seeking treatment from your doctor if you develop severe symptoms
- Considering wearing a mask in public places, especially in crowded or poorly ventilated spaces
- Washing your hands and practicing good hygiene
- Covering your coughs and sneezes

Free COVID-19 testing is available at the following Public Health Centers in San Diego County. It is strongly recommended to call the location prior to your visit.

Central Region Public Health Center: 5105 Market St., San Diego
(619) 932-8398
Mondays, Wednesdays, and Fridays by appointment only

9 a.m. – 12 p.m., 12:30 – 2 p.m.

South Region Public Health Center: 690 Oxford St., Chula Vista
(619) 904-0839
Monday through Friday by appointment only
9 a.m. – 12 p.m., 12:30 – 2 p.m.

East Public Health Center: 376 N. Magnolia Ave., El Cajon
(619) 932-8398 by appointment only
Tuesdays and Thursdays
9 a.m. – 12 p.m., 12:30 – 2 p.m.

For more information on COVID-19 and other public health resources in San Diego County, visit the County's COVID-19 webpage.