

Tools for Aging in Place:

*Exploring Assistive
Tech in Action*

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ATLA Alaska



Aging in place is about supporting people to live safely and independently in their homes and communities across the lifespan. This interactive session provides a practical overview of key areas of assistive technology (AT) that support daily activities, safety, communication, and independence at home. Participants will have hands-on exploration of AT and review real-life case studies that show how the right tools, matched to individual needs, can support aging in place, reduce barriers, and strengthen caregiver and community supports.

Foundations of Case Mgmt & Community Resource Navigation

Tonya Muldoon
JEDC/SREC



This session offers a practical introduction to the core principles of case management, with a focus on navigating community resources. Designed for new and developing case managers and professionals in social services, healthcare, education, and community outreach, we will build confidence in working within complex systems of support. Participants will learn how to assess client needs, make effective referrals, and locate resources across public programs, nonprofits, crisis services, housing, and behavioral health. Blending lecture, resource exploration, scenario-based practice, and hands-on tools, participants will become more confident, informed, and compassionate resource navigators for the communities they serve.

The Aging Brain Unpacked:

What's Normal, What's Not

Lisa Sauder
Alzheimer's Resource of Alaska



As people age, changes in memory, thinking, and behavior are common—but not all changes signal dementia. This course provides a clear, practical understanding of the differences between normal aging and cognitive changes associated with dementia and related conditions. Designed for caregivers, healthcare professionals, and those who support older adults, participants learn to recognize early warning signs, understand how various dementias present, and respond with confidence and compassion. Emphasis is placed on communication strategies, dignity-centered care, and real-world applications to improve quality of life for older adults.

Virtual Dementia Tour

The Virtual Dementia Tour will give you an up-close, hands-on experience and provide insight into what day-to-day life is like for a person living with Alzheimer's disease and related dementia (ADRD). This immersive, empathy building experience invites participants to step into the world of a person living with dementia and gain a deeper understanding of the experiences and needs of individuals living with ADRD.