QUALITY
In 2023, MHACO maintained 15 value-based care contracts that included more than 100 unique quality measures. To track performance monthly, the ACO selected 10 of these measures as overall markers of quality to be included in the Quality Heat Map. Download the full heat map for 2023. Progress over two years on four representative Heat Map measures:

PERCENT OF PATIENTS WITH POORLY CONTROLLED DIABETES (FY 2021-2023)
The rate of patients with diabetes with an HbA1c reading over 9% decreased from 17.6% to 15.2%, outperforming the HEDIS 90th percentile national benchmark by 5.2 percentage points. Steady improvement in this measure may be due, in part, to implementation and adoption of the MaineHealth Medical Group’s Primary Care Diabetes Management Care Pathway & Toolkit.

PERCENT OF PATIENTS WITH HYPERTENSION CONTROLLED (FY 2021-2023) The rate increased only slightly from 70.6% to 73.6% during the reporting period, due to the limited ability of providers to influence complex non-clinical factors, like lifestyle, that contribute to patient outcomes.

KIDNEY HEALTH EVALUATION RATE (FY 2021-2023) The rate of kidney health evaluations for eligible patients with diabetes increased from 46.1% to 61.1% since this measure’s inception in November, 2021.

FINANCIAL
Value-Based Care Revenue Over Time
Revenue received in any given year reflects performance in the previous year. Total amounts include shared savings, administrative fees and pay-for-performance incentives paid to the ACO or directly to participants. 2023 total includes a projected $5 million in shared savings generated by the ACO’s MaineCare contract.

In addition to utilization trends, key drivers of contract performance included high rates of hospital admissions, readmissions and avoidable use of the emergency department. The graph below depicts the most recent two years of trend data available, expressed in rates per 1000 beneficiaries.

Utilization Trends

To understand utilization trends among its contracts’ beneficiaries, MHACO tracks rates of hospital admissions, readmissions and avoidable use of the emergency department. The graph below depicts the most recent two years of trend data available, expressed in rates per 1000 beneficiaries.

Utilization Trends

Increases in utilization over the reporting period are most closely associated with the beneficiaries of MHACO’s MaineCare and Medicare contracts. In addition, care access challenges experienced by beneficiaries of all contracts have likely contributed to avoidable ED utilization.