



## Fast Five with Dr. Daniel Landry

**President and Chairman of the Board at Spectrum Medical Group and Board Member of Specialty Solutions**

*Welcome to Fast Five—our monthly feature that spotlights an individual connected with the MaineHealth ACO. This month we had a chance to catch up with Dr. Dan Landry for five quick questions.*

**With Specialty Solutions now being a 10% owner of the MaineHealth ACO, what excites you most about ownership?**

The potential to better coordinate specialty services. Specialists constitute the vast majority of healthcare dollars spent today. If we can better coordinate our actions among specialists and in conjunction with primary care, we can function as a much more coherent team with better communication pathways which will mean we can deliver lower cost, higher quality and more integrated healthcare. And that is most exciting.

**What issues do you think are top of mind for specialists in health care today?**

Quality reporting for specialists. We need to give the primary care community objective data when they choose a specialist. The old methods were about relationships that were built in the community—which specialists primary care doctors knew. The relationships were typically formed in the hospitals. But today most primary care providers don't have existing relationships with specialists, and they can be difficult to form—there just isn't a good method for choosing which specialists they want their patients to see. And we want our patients to see the highest quality, lowest cost specialists. In conjunction with our work with the ACO— this gives us the ability to construct a system where we can accomplish that. Primary care has had the heavy burden of responsibility for quality reporting, and to date there has not been the same level of accountability for specialists.

**What is your top work priority this month?**

This month is about setting goals for the rest of the year. And it's becoming clear that we've got to do better with care integration and physician integration. That's what I'm focused on, and that's my role — to integrate the practices within Spectrum. We tend to be, as most practices are, siloed in a particular specialty, and we need to change that. When a patient enters and leaves a care experience, they don't care that they've seen a radiologist or an orthopedic surgeon—they just want to move through the system seamlessly. We're starting with primary care and moving through—figuring out how we break down a lot of those barriers. This could be something as simple as a single bill for all services at the Spectrum office. And as simple as that sounds it's extraordinarily difficult, but that's what patients want and it's what they deserve.

### What do you do to stay active?

I do a lot of biking. My bike is on a stand in the basement and I watch videos and have these training plans that I do. I otherwise would be skiing a lot, but I have an injury that's prevented me from that.

### What is on your nightstand right now?

I am currently getting a Master's Degree from the London School of Economics in Healthcare Economics Policy and Management, and so I have lots of textbooks and health affair journals on my nightstand now.

*Dr. Landry trained and worked within the Harvard system in Boston as a pediatric Anesthesiologist prior to joining Spectrum Medical Group in 1994. Arriving in Maine, he focused his practice on the care of both children and adults with cardiac disease. Over the past 15 years he managed the largest division within Spectrum and moved on to become President and Chairman of the Board. In addition to his role at Spectrum, Dr. Landry sits on numerous healthcare related boards and works at the state government level advocating for healthcare reform and served as a policy advisor during the governors' transition into office.*