

ACO: Did You Know?

Helpful Resources and Links to Keep You Informed

MaineHealth ACO Announces 2017 Care Management Training Program™

The MaineHealth ACO is pleased to announce the 2017 Care Management Training Program™ for staff who work with patients in self-management activities. Trainings begin in February and run through the year. The curriculum includes a wide variety of topics, including

- Motivational Interviewing
- Chronic Care Model
- Self-Management Goal Setting and Action Planning
- Care Management Skills Lab/Community Resources
- Care Management 101
- Care of Patient with Dementia
- Palliative Care
- Safe Mobility: Falls Risk Assessment
- Tobacco Cessation
- Health Literacy/Teach Back

Topics also include self-management activities for the following conditions:

- CHF
- Diabetes
- COPD
- Asthma, and
- Depression/Integrated Behavioral Health

For more information on dates and locations, please click [here](#) or contact Beth Wilcox, RN, Clinical Operations Specialist and Education Supervisor at 207-661-7805.

Medical Assistant Training

The MaineHealth ACO and MaineHealth are pleased to announce dates and locations for Medical Assistant Training. The two-day training session has dates open from February through November. **Day One** includes: lung health, patient visit planning, customer service and diabetes. **Day Two** will cover: infection prevention, vital signs and blood pressure, cardiovascular health, wellness and medication administration.

For dates, locations and registration information, please click [here](#) or contact [Claire Schreiber](#), Program Coordinator.

The MaineHealth Center for Tobacco Independence Offers Training to Standardize a Best Practice Approach to Evidence-Based Tobacco Treatment



The MaineHealth Center for Tobacco Independence will be conducting a training in your area. If you or a healthcare professional you know might be interested in learning strategies and gaining skills to more effectively engage your clients/patients in a successful tobacco quit attempt, please click [here](#) to view the brochure and registration information.

A limited number of scholarships are available and trainings are brought to you by the Maine CDC, Maine Department of Health and Human Services.

To register and learn more about other opportunities or training events, please click [here](#).

We look forward to seeing you!