

THRIVE PRESENTS:

Parenting through the COVID-19 Pandemic: Live Q & A

Thursday, May 6, 2021
10AM-11AM PST

Zoom Link:

<https://echo.zoom.us/j/91491767757>

The COVID crisis has put an enormous strain on parents. The stress of wearing multiple hats has never been higher. Overnight, parents were thrust into unfamiliar territory, having to juggle work, parenting, and home schooling, on top of cooking, cleaning, and shopping.

During this Q & A, join other parents in a safe and supportive place to share the joys, pains, struggles and successes. Reminding yourself that as a parent you have limits and do not necessarily have all the answers but choosing to show up as best as you can each day will be forever imprinted in your child's mind.

