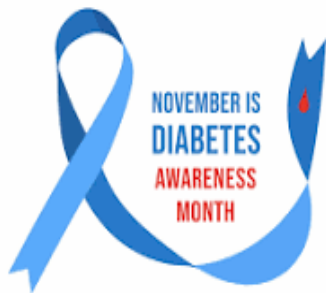




MCHA Monthly Meeting Nov 21, 2024

November is Prematurity Prevention/Awareness Month, Native American Heritage Month, National Diabetes Month



1. Welcome
2. Review of mailing sent, materials
 - a. Kaiser Open Enrollment – Refer Now! Celia Valdez, MCHA
3. March of Dimes Prematurity Report Card – Lynn Kersey, MCHA
National - <https://www.marchofdimes.org/report-card> CA - <https://www.marchofdimes.org/peristats/reports/california/report-card>
4. Guest speaker: Lucy Quacinella, Multiforum Advocacy Solutions
Update on State Maternity Reports

[Mom's Rising](#) - Commit to not giving into despair. Take breaks. Take care of yourself. Take care of each other. Find the helpers. Look for the ways we are building better policy and better representation. And don't give up.

Rebecca Solnit – Author, writer and historian

"They want you to feel powerless and to surrender and to let them trample everything and you are not going to let them. You are not giving up, and neither am I. The fact that we cannot save everything does not mean we cannot save anything and everything we can save is worth saving. You may need to grieve or scream or take time off, but you have a role no matter what, and right now good friends and good principles are worth gathering in. Remember what you love. Remember what loves you. Remember in this tide of hate what love is. The pain you feel is because of what you love. "

Happy Thanksgiving – Happy Holidays – See you in January (16th)!!

Women's March – downtown LA - Sat. Jan. 18, 2025

<https://www.womensmarchfoundation.org/the-peoples-march-los-angeles>