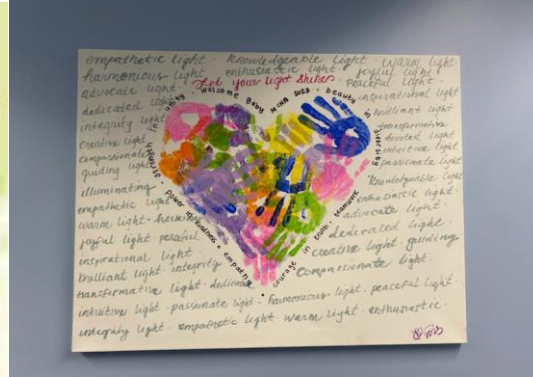


MCHA Monthly Meeting July 20, 2023

July is Minority Mental Health Awareness and Group B Strep Awareness Month!



In 2008, July was nationally declared as [Bebe Moore Campbell Minority Mental Health Awareness Month](#). "Once my loved ones accepted the diagnosis, healing began for the entire family, but it took too long. It took years. Can't we, as a nation, begin to speed up that process? We need a national campaign to destigmatize mental illness, especially one targeted toward African Americans...It's not shameful to have a mental illness. Get treatment. Recovery is possible." Bebe Moore Campbell, 2005

1. Welcome
2. Review of mailing sent, materials



3. Guest speaker: **Marti Perhach**, CEO/Cofounder, Group B Strep International
- 4.

Resources:

https://www.groupbstrepiinternational.org/july_gbs_awareness_month.html

4. Continue review mailing
5. Medi-Cal Renewals – Liz Ramirez, MCHA Director, Training & Education
<https://www.latimes.com/california/story/2023-07-19/los-angeles-county-households-lost-medi-cal-in-july-rollback-pandemic-rules>

FYI – re: state budget CalWorks increase: Association of Increasing the Minimum Wage in the US with Experiences of Maternal Stressful Life Events

https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2807378?utm_source=silverchair&utm_medium=email&utm_campaign=article_alert-jamanetworkopen&utm_content=wklyforyou&utm_term=071923

and – Opinion section, "More mothers are dying. It doesn't have to be this way" – NY Times

<https://www.nytimes.com/2023/07/16/opinion/reduce-maternal-mortality-strategies.html?auth=login-email&login=email&smid=nytcore-android-share>