Holiday Safety

Whether you are the Clark Griswold (or cousin Eddie) of your house or not, practicing safety through this holiday season can help avoid any sudden trips to the ER. Follow these Holiday Safety tips to help ensure an injury-free season:



HOME SAFETY:

- Make sure to clear off steps, sidewalks, and driveways.
- Have your heating systems serviced.
- Inspect fireplaces and chimneys.
- Make sure your vents are not blocked (gas heat).
- Always have a working, full-charged fire extinguisher handy.
- Change the batteries in your fire and CO alarms.

TRAVELING:

- Travel by vehicle during the holidays has the highest fatality rate.
- Check the road report before you travel.
- Avoid alcohol and designate a sober driver.





DECORATING:

- Always use a proper ladder (not furniture).
- Test lights before you hang them.
- Make sure lights & cords have no exposed wires.
- Only use lights and extension cords specifically rated for outdoor use.
- Unplug tree lights and yard decorations before you leave.
- Don't overload outlets or extension cords.
- Never leave candles unattended or lit when you leave the house.
- Water your Christmas tree daily.



FOOD SAFETY:

- Frequently wash hands while preparing food.
- Get leftovers into refrigerator within two hours of cooking.
- Thanksgiving leftovers are safe for up to 4 days in the refrigerator.
- If you use a deep fryer, make sure it is outside and away from the house in case of a fire.
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