

Release & Waiver of Liability and Indemnity Agreement

PLEASE READ CAREFULLY. THIS DOCUMENT AFFECTS YOUR LEGAL RIGHTS AND IS LEGALLY BINDING. BY SIGNING THIS AGREEMENT YOU ARE RELEASING LA LECHE LEAGUE OF THE UNITED STATES OF AMERICA, INC. FROM ALL LIABILITY AND FOREVER GIVING UP ANY CLAIMS THEREFOR

Assumption of Risk

I acknowledge and agree that any use of La Leche League of the United States of America, Inc. or any of its affiliates (collectively, "La Leche League USA") facilities, services, equipment and premises ("Facilities") and any participation in La Leche League USA programs and activities ("Programs") comes with inherent risks including, but in no way limited to: (1) moderate and severe personal injury, (2) property damage, (3) disability, (4) death, and (5) sickness or disease, including COVID-19. I acknowledge that **COVID-19 is extremely contagious** and is believed to be spread mainly from person-to-person contact. As a result. Federal, State, and local governments have, in many locations, prohibited the congregation of groups of people. La Leche League USA has put in place measures to reduce the spread of COVID-19; however, I acknowledge that **La Leche League USA cannot guarantee** that I and my family members, including minors, or Program participant(s) will not become infected with COVID-19. Further, I acknowledge that attending Programs of La Leche League USA could increase my, my family member's, including minors, or Program participant(s) risk of contracting COVID-19.

I acknowledge the contagious nature of COVID-19 and voluntarily accept and assume full responsibility for the risk that I, my family members, or Program participant(s) may be exposed to and that I, my family members, or Program participant(s) may be infected by COVID-19 by using the Facilities and participating in the Programs and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 at the Facilities and in the Programs may result from the actions, omissions, or negligence of myself and my family members or Program participant(s) and others, including, but not limited to La Leche League USA, its employees, officers, directors, volunteers and Program participants and their families. Furthermore, I assume any and all other risks of the use of Facilities and participation in Programs. I agree that I have full knowledge of the nature and extent of all such risks and am not relying on all such risks being described in this document.

Waiver, Release, Indemnification & Covenant Not to Sue

In consideration of the use of Facilities and participation in Programs I, the undersigned, on behalf of myself and my family members, including minors, agree that La Leche League USA, its officers, directors, agents, employees, volunteers, insurers and representatives ("Releasees") will not be liable for any personal injury, property damage, disability, death, sickness or disease incurred by myself, or my family members, including minors, however occurring including, but not limited to the negligence of Releasees. I understand that I will be solely responsible for any

loss or damage, including personal injury, property damage, disability, death, sickness or disease sustained from the use of Facilities and participation in Programs.

I further agree, on behalf of myself and my family members, including minors, to release and **HEREBY DO RELEASE, WAIVE AND COVENANT NOT TO SUE** Releasees from any causes of action, claims, suits, liabilities or demands of any nature whatsoever including, but in no way limited to, claims of negligence, which I and any of my family members, including minors, may have, now or in the future, against Releasees on account of personal injury, property damage, disability, death, sickness, diseases or accident of any kind, arising out of or in any way related to the use of Facilities or participation in Programs, whether that participation is supervised or unsupervised, however the injury or damage occurs, including, but not limited to the negligence of Releasees.

In further consideration of the use of Facilities and participation in Programs, I agree to **INDEMNIFY AND HOLD HARMLESS** Releasees from any and all causes of action, claims, demands, losses, suits, liabilities or costs of any nature whatsoever, including claims of negligence, arising out of or in any way related to the use of Facilities and participation in Programs by myself and my family members, including any minors.

Signature

Print Name

Print names of family members, including minors

Print names of family members, including minors

Date