Open Your Heart To HOPE
...preventing homelessness Since 2007 through
HOUSING • OUTREACH • PREVENTION • EDUCATION
www.hopehelps.org

HOPE's Current Needs List:

Food:

- Cereal
- Canned vegetables and fruit
- Canned and dried beans
- Canned pasta (pasta rings, raviolis, etc.)
- All types of dry box items
- "Side dish" items
- Soup
- Complete baking mixes (pancakes, muffins, biscuits, etc.)
- Rice
- Pasta
- Pork and Beans
- Mashed Potatoes
- Tomato and Spaghetti Sauce
- Black Beans
- Corn
- Peas
- Canned meats other than tuna
- Spaghetti Sauce
- Peanut Butter and Jelly
- Fruit Cups – Peaches, Pears, Mixed Fruit, Applesauce, Raisins, etc.
- Tuna
- Low Sugar, shelf stable pudding (does not have to be refrigerated)
- Child-friendly soups such as Chicken Noodle
- Canned pasta (i.e. rings, rings and meatballs, ravioli)
- Macaroni and Cheese (boxed, not individual)
- 18-20 oz cereal boxes
- Healthy snacks (such as fruit snacks, health bars, nuts)

Toiletries:

- Toilet paper
- Body wash
- Shampoo and conditioner
- Diapers (Sizes 3 and up)
- Baby wipes

Other:

- Lysol Disinfectant Spray
- Clorox Wipes
- Hand Sanitizer
- Gloves (L or XL)

HOPE Helps, Inc.
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