

Tikkun Nefesh/Tikkun Olam Healing the Soul/Healing the World

Shabbaton with guest scholar

Rabbi Sheila Peltz Weinberg

Friday, March 1st – Dinner, Shabbat Prayers, and Program

Saturday, March 2nd – Shabbat Morning Services and Afternoon Learning

Sunday, March 3rd – Morning Yoga followed by Learning with Rabbi Sheila



Rabbi Sheila Peltz Weinberg is a noted teacher of Jewish mindfulness and social justice, acclaimed author and poet, and senior scholar with the Institute for Jewish Spirituality. She is creator and co-leader of the Jewish Mindfulness Teacher Training Program.

This program is lovingly sponsored by the Adrienne Kohn Fund for Spiritual Growth, in partnership with Adat Shalom's Jewish Studies Committee, along with Makom@Adat Shalom.

Free! • Open to the Public • Donations Welcome

Visit our website for full schedule information, Friday night dinner registration, and more!