



Date: \_\_\_\_\_ Name of Resident: \_\_\_\_\_

Your Name: \_\_\_\_\_ Your Phone Number: \_\_\_\_\_

Your Address: \_\_\_\_\_

Your Email Address: \_\_\_\_\_

Designated essential caregivers must adhere to the John M. Parrott Centre vaccination policy. Designated essential caregivers are required to have a minimum of 3 doses of COVID-19 vaccination. Homes are required to have a procedure for documenting caregiver designations.

### **What is an Essential Caregiver?**

An essential caregiver must be at least 16 years of age. The caregiver must be providing direct care to the resident they are coming into the Home to see. The decision to designate an individual as an essential caregiver rests entirely with the resident or their substitute decision-maker (as appropriate). Examples of essential caregivers could include family members, privately hired caregiver, paid companion etc.

This designation must be completed in writing to the Home in advance.

A resident or their substitute decision-maker (as appropriate), may change a designation in response to a change in the resident's care needs that is reflected in the plan of care; availability of a designated caregiver (either temporary or permanent, i.e. due to illness).

Please check the appropriate box(es) below for your situation.

### **I want to be designated as an Essential Caregiver to:**

- |                          |  |
|--------------------------|--|
| <input type="checkbox"/> | Support resident during meal time            |
| <input type="checkbox"/> | Support resident's mobility                  |
| <input type="checkbox"/> | Support resident with their personal hygiene |
| <input type="checkbox"/> | Provide cognitive stimulation                |
| <input type="checkbox"/> | Support the resident's communication         |
| <input type="checkbox"/> | Provide meaningful connection                |

I understand in my role as an essential caregiver I am permitted into the Home following confirmation of a negative COVID test as outlined by the Ministry of Long Term Care/JMPC, and confirmation of passing the active screening tool prior to each visit.

If a resident is self-isolating or symptomatic, a maximum of 1 essential caregiver may visit that resident at a time.

- Essential caregivers will be directed as to the appropriate PPE required at the time of the visit and will depend on the location of the visit.
- Essential caregivers must not consume food or drink during their visit.
- Essential caregivers must follow the restrictions in place during the time of their visit.

**Applicant Signature:**

**Please complete this document and return via email to:**

Bobbie-Joe Blackburn: [bblackburn@lennox-addington.on.ca](mailto:bblackburn@lennox-addington.on.ca)

Or fax to: 613-354-7387

Or: Drop off to the Screener at our front door.

Thank you in advance for your cooperation.

Should you have any questions, please do not hesitate to call during business hours and we will direct your call to the appropriate person.

Thank you,

Angela Malcolm  
Director, Long Term Care Services

Reviewed by:

Date: