

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	May. 03		May. 04		May. 05		May. 06		May. 07		May. 08		May. 09
B	Apple Juice		Orange Juice		Cranberry Juice		Apple Juice		Cranberry Juice		Orange Juice		Cranberry Juice
R	Cream of Wheat with Bran		High Fibre Oatmeal		Cream of Wheat with Bran		High Fibre Oatmeal		Cream of Wheat with Bran		Cinnamon Oatmeal		Cream of Wheat with Bran
E	Cottage Cheese		Sausage Link		Poached Egg		Scrambled Eggs		Vanilla Yogurt		Hard Boiled Egg		Bran
A	Whole Wheat Toast		Whole Wheat Toast		Whole Wheat Toast		Whole Wheat Toast		Blueberry Muffin		Whole Wheat Toast		Fried Egg
K	Raspberry Yogurt Muffin	-----		-----		-----	-----		-----		-----		Bacon
F	-----		Crushed Pineapple		Mandarin Oranges		Raspberries		Fresh Apple Slices		Sliced Pears		Whole Wheat Toast
A	Banana Half		Special K Cereal		Bran Flakes Cereal		Rice Krispies Cereal		Shreddies Cereal		Special K Cereal		-----
S	Raisin Bran Cereal		Peanut Butter		Peanut Butter		Peanut Butter		Peanut Butter		Peanut Butter		Fruit Cocktail
T	Peanut Butter		Wheat Bagel		Buttered Raisin Toast		Whole Wheat English Muffin		Whole Wheat Toast		Crumpet		Bran Flakes Cereal
													Peanut Butter
													White Toast
L	Unsalted Crackers		Unsalted Crackers		Unsalted Crackers		Unsalted Crackers		Unsalted Crackers		Fall Harvest Soup		Unsalted Crackers
U	Tomato Tortellini Soup		Cream of Cauliflower Soup		Chicken Noodle Soup		Italian Bean & Vegetable		Corn Chowder		Unsalted Crackers		Cream of Carrot Soup
N	Honey Garlic Chicken Wings		Spinach Feta Bistro		Sweet-N-Sour Pork Bites		Soup		Pulled Pork on WW Bun		Weiners & Beans		Veggie Burger on WW
C	Tator Tots		Greek Salad		Fluffy Rice		Creamed Peas on Toast		Green Beans		Sunrise Vegetables		Bun
H	Cucumber Slices		Four Bean Salad		Broccoli Florets		Cheddar Cheese Slice		Pickle Spear		Wheat Roll		Potato Salad
	Bread and Butter Pickle		Lime Gelatin		Blueberry Pudding Cake		Chocolate Mousse		Bread Pudding		Margarine		Onion Slice
	Vanilla Ice Cream Cup	-----		-----		-----	-----		-----		Grandma's Lemon Loaf		Sliced Tomato
	-----		Turkey Pot Pie		Chicken Salad Plate		Shaved Beef Sndw on		Quiche Florentine		-----		Chocolate Fudge Ice
	Shaved Ham Sndw on WW		Poultry Gravy		Macaroni Salad		Wheat		Pickled Beets		Sliced Turkey on Wheat		Cream Bar
	Tomato & Onion Salad		Sauteed Zucchini		Heritage Blend Salad with		Dill Cucumber & Red Onion		Whole Wheat Bread		Romaine & Onion Salad		-----
	Fruit Cocktail		Mango		French Dressing		Salad		Margarine		Cantaloupe Chunks		Crab Cake
	2% Milk		2% Milk		Sweet Pickle		Chilled Tropical Fruit		Apricot Halves		2% Milk		Tartar Sauce
					Strawberries		2% Milk		2% Milk				Parsley Carrots
					2% Milk								Whole Wheat Bread
													Margarine
													Chilled Peach Slices
													2% Milk
D	Beef Tips in Red Wine Gravy		Chicken Stew & Dumplings		Crunchy Baked Cod		Turkey Cranberry Casserole		Fish 'n Chips		Honey Garlic Pork Drummies		Roast Beef
I	Mashed Potatoes		Prince Edward Vegetables		Mashed Potatoes		Fall Medley Vegetables		Creamy Coleslaw		Mashed Potatoes		Beef Gravy
N	Green Beans		Banana Cream Pie Slice		Butternut Squash		Buttermilk Biscuit		Tartar Sauce		Buttered Corn		Mashed Potatoes
N	Wheat Roll	-----			Whole Wheat Bread		Margarine		Tripleberry Crumble		Iced Orange Cake		California Vegetables
E	Margarine		Veal Parmesan		Tartar Sauce		Cranberry Sauce		-----		-----		Yorkshire Pudding
R	Pecan Streusel Cake		Buttered Egg Noodles		Margarine		Pear Crisp		Cornflake Crusted Chicken		Spaghetti & Meatballs		Horseradish
	-----		Diced Carrots		Buttertart Square	-----			Poultry Gravy		Steamed Broccoli		Raspberry Pie
	Asian Glazed Salmon		Grated Parmesan Cheese		-----		Bologna		Mashed Potatoes		Cheese & Garlic Breadstick		Vanilla Ice Cream
	Rice Pilaf		Chilled Apple Slices		Alfredo Primavera		Hashbrown Casserole		Buttered Brussels Sprouts		Grated Parmesan Cheese		-----
	Buttered Brussels Sprouts				Caesar Salad		Florentine Veg Mix		Banana & Chocolate Sauce		Pineapple Tidbits		BBQ Pork Ribs
	Lemon Wedge				Garlic Bread		Honeydew Melon						Wax Beans
	Tartar Sauce				Grated Parmesan Cheese								Wheat Roll
	Chilled Apricots				Stewed Rhubarb								Margarine
													Cookies & Cream Cake