

MONDAY	JUN 14	TUESDAY	JUN 15	WEDNESDAY	JUN 16	THURSDAY	JUN 17	FRIDAY	JUN 18	SATURDAY	JUN 19	SUNDAY	JUN 20
<b>BREAKFAST</b>													
Cream of Wheat with Bran	High Fibre Oatmeal	Cream of Wheat with Bran	High Fibre Oatmeal	Cream of Wheat with Bran	Cinnamon Oatmeal	Cream of Wheat with Bran	Cinnamon Oatmeal	Cream of Wheat with Bran	Cream of Wheat with Bran	Cream of Wheat with Bran	Cream of Wheat with Bran	Cream of Wheat with Bran	Cream of Wheat with Bran
Cottage Cheese	Sausage Link	Poached Egg	Scrambled Eggs	Vanilla Yogurt	Hard Boiled Egg	Vanilla Yogurt	Hard Boiled Egg	Vanilla Yogurt	Vanilla Yogurt	Vanilla Yogurt	Vanilla Yogurt	Vanilla Yogurt	Vanilla Yogurt
Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Blueberry Muffin	Whole Wheat Toast	Blueberry Muffin	Whole Wheat Toast	Blueberry Muffin	Blueberry Muffin	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast
Raspberry Yogurt Muffin	Apple Jelly	Raspberry Jam	Strawberry Jam	Margarine	Margarine	Margarine	Margarine	Margarine	Margarine	Raspberry Jam	Raspberry Jam	Raspberry Jam	Raspberry Jam
Margarine	Margarine	Margarine	Margarine	Fresh Apple Slices	Fresh Apple Slices	Fresh Apple Slices	Fresh Apple Slices	Fresh Apple Slices	Fresh Apple Slices	Margarine	Margarine	Margarine	Margarine
Grape Jelly	Crushed Pineapple	Mandarin Oranges	Raspberries	Shreddies Cereal	Sliced Pears	Shreddies Cereal	Sliced Pears	Shreddies Cereal	Shreddies Cereal	Apple Jelly	Apple Jelly	Apple Jelly	Apple Jelly
Banana Half	Special K Cereal	Bran Flakes Cereal	Rice Krispies Cereal	Peanut Butter	Peanut Butter	Peanut Butter	Peanut Butter	Peanut Butter	Peanut Butter	Margarine	Margarine	Margarine	Margarine
Raisin Bran Cereal	Peanut Butter	Peanut Butter	Peanut Butter	Whole Wheat English Muffin	Grape Jelly	Whole Wheat English Muffin	Grape Jelly	Whole Wheat English Muffin	Whole Wheat English Muffin	Peanut Butter	Peanut Butter	Peanut Butter	Peanut Butter
Peanut Butter	Wheat Bagel	Buttered Raisin Toast								Crumpet	Crumpet	Crumpet	White Toast
	Cream Cheese												
<b>LUNCH</b>													
Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Iced Tea	Fall Harvest Soup	Iced Tea	Fall Harvest Soup	Iced Tea	Iced Tea	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers
Tomato Tortellini Soup	Cream of Cauliflower Soup	Chicken Noodle Soup	Italian Bean & Vegetable Soup	BBQ Chicken Burger on Bun	Veggie Burger on WW Bun	BBQ Chicken Burger on Bun	Veggie Burger on WW Bun	BBQ Chicken Burger on Bun	BBQ Chicken Burger on Bun	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers
Honey Garlic Chicken Wings	Spinach Feta Bistro	Sweet-N-Sour Pork Bites	Creamed Peas on Toast	Mayonnaise	Potato Salad	Mayonnaise	Potato Salad	Mayonnaise	Mayonnaise	Weiners & Beans	Weiners & Beans	Weiners & Beans	Weiners & Beans
Tator Tots	Greek Salad	Fluffy Rice	Cheddar Cheese Slice	Tossed Salad with LoCal Drsg	Sunrise Vegetables	Tossed Salad with LoCal Drsg	Sunrise Vegetables	Tossed Salad with LoCal Drsg	Tossed Salad with LoCal Drsg	Wheat Roll	Wheat Roll	Wheat Roll	Wheat Roll
Cucumber Slices	Four Bean Salad	Broccoli Florets	Chocolate Mousse	Tomato Slices & Lettuce	Grandma's Lemon Loaf	Tomato Slices & Lettuce	Grandma's Lemon Loaf	Tomato Slices & Lettuce	Tomato Slices & Lettuce	Onion Slice	Onion Slice	Onion Slice	Onion Slice
Bread and Butter Pickle	Lime Gelatin	Blueberry Pudding Cake	Shaved Beef Sndw on Wheat	Vanilla Chocolate Ice Cream Bar	Cherry Gelatin	Vanilla Chocolate Ice Cream Bar	Cherry Gelatin	Vanilla Chocolate Ice Cream Bar	Vanilla Chocolate Ice Cream Bar	Crab Cake	Crab Cake	Crab Cake	Crab Cake
Vanilla Ice Cream Cup	Turkey Salad on Wheat	Turkey Sausage Link	Dill Cucumber & Red Onion Salad	Hard Boiled Egg	Tartar Sauce	Dill Cucumber & Red Onion Salad	Tartar Sauce	Dill Cucumber & Red Onion Salad	Dill Cucumber & Red Onion Salad	Parsley Carrots	Parsley Carrots	Parsley Carrots	Parsley Carrots
Shaved Ham Sndw on WW	Carrot Raisin Salad	Macaroni Salad	Chilled Tropical Fruit	Seven Grain Salad	Whole Wheat Bread	Seven Grain Salad	Whole Wheat Bread	Seven Grain Salad	Seven Grain Salad	Margarine	Margarine	Margarine	Margarine
Tomato & Onion Salad	Mango	Heritage Blend Salad with French Dressing		Pickled Beets	Pickled Beets	Pickled Beets	Pickled Beets	Pickled Beets	Pickled Beets	Cantaloupe Chunks	Cantaloupe Chunks	Cantaloupe Chunks	Cantaloupe Chunks
Fruit Cocktail		Sweet Pickle		Margarine		Margarine		Margarine					
		Strawberries		Apricot Halves		Apricot Halves		Apricot Halves					
<b>DINNER</b>													
Beef Tips in Red Wine Gravy	Chicken Stew & Dumplings	Crunchy Baked Cod	Turkey Cranberry Casserole	Fish 'n Chips	Cornflake Crusted Chicken	Fish 'n Chips	Cornflake Crusted Chicken	Fish 'n Chips	Fish 'n Chips	Roast Beef	Roast Beef	Roast Beef	Roast Beef
Mashed Potatoes	Prince Edward Vegetables	Mashed Potatoes	Fall Medley Vegetables	Creamy Coleslaw	Poultry Gravy	Creamy Coleslaw	Poultry Gravy	Creamy Coleslaw	Creamy Coleslaw	Beef Gravy	Beef Gravy	Beef Gravy	Beef Gravy
Green Beans	Banana Cream Pie Slice	Diced Carrots	Buttermilk Biscuit	Tripleberry Crumble	Mashed Potatoes	Tripleberry Crumble	Mashed Potatoes	Tripleberry Crumble	Tripleberry Crumble	Mashed Potatoes	Mashed Potatoes	Mashed Potatoes	Mashed Potatoes
Wheat Roll	Veal Parmesan	Whole Wheat Bread	Pear Crisp	Honey Garlic Pork Drummies	Buttered Corn	Honey Garlic Pork Drummies	Buttered Corn	Honey Garlic Pork Drummies	Honey Garlic Pork Drummies	California Vegetables	California Vegetables	California Vegetables	California Vegetables
Pecan Streusel Cake	Buttered Egg Noodles	Buttertart Square	Bologna	Boiled Potatoes	Iced Orange Cake	Boiled Potatoes	Iced Orange Cake	Boiled Potatoes	Boiled Potatoes	Pumpkin Pie	Pumpkin Pie	Pumpkin Pie	Pumpkin Pie
Asian Glazed Salmon	Butternut Squash	Alfredo Primavera	Hashbrown Casserole	Buttered Brussels Sprouts	Spaghetti & Meat Sauce	Hashbrown Casserole	Spaghetti & Meat Sauce	Hashbrown Casserole	Hashbrown Casserole	Chicken Kiev	Chicken Kiev	Chicken Kiev	Chicken Kiev
Rice Pilaf	Chilled Apple Slices	Caesar Salad	Florentine Veg Mix	Banana & Chocolate Sauce	Steamed Broccoli	Florentine Veg Mix	Steamed Broccoli	Banana & Chocolate Sauce	Banana & Chocolate Sauce	Wax Beans	Wax Beans	Wax Beans	Wax Beans
Buttered Brussels Sprouts		Garlic Bread	Honeydew Melon		Cheese & Garlic Breadstick		Cheese & Garlic Breadstick			Wheat Roll	Wheat Roll	Wheat Roll	Wheat Roll
Chilled Apricots		Stewed Rhubarb			Pineapple Tidbits		Pineapple Tidbits			Mandarin Oranges	Mandarin Oranges	Mandarin Oranges	Mandarin Oranges