



Creating Space...

...to experience creation, build community, provide refuge, encounter God, and transform lives.



Place Mat Activity: Quarantine Edition

Adapted from a workshop with Erik Marter of teamsynergo.com

This is another activity you can do over video conferencing. Have everyone come prepared with paper and pencil for drawing. On that paper have each person draw the following place mat items—each item corresponds to a different metaphor:

Plate: With our schedules being upended we have some time on our hands. What are you choosing to fill up your plate with right now?

Ex. Homeschooling? Rebuilding your deck? Obsessively reading articles about COVID-19?

Knife: What is something you have (or need to) cut out for your own sanity?

Ex. No more evening news? Taking a break from alcohol? The batteries in your child's noise-making toys?

Spoon: What do you wish would be spoon fed to you?

Ex. I wish someone would "spoon feed" me which grocery stores are stocked up and sanitized. Mask or no mask? How often is "too often" to walk the dog?

Fork: What is a project or skills you are "taking a stab" at?

Ex. I am "taking a stab" at being a TikTok star. I am working through ALL of Bob Ross's episodes. So far, I have learned 6 words in French.

Water Glass: What is something that has been refreshing to you?

Ex. Going for a run every day. Video chatting with my best friend. Not showering...

Dessert Plate: What is something that has made life a little sweeter?

Ex. My cat interrupting video conference calls. Cat videos. Texting Gifs of cats to my friend group.

Have folks share their answers after every couple of items—they can share in partners or as a big group.

