

Doing Our Work: *An Anti-Racist Affinity Space for White Parents to Build Skills and Accountability*

8 Tuesday Evenings on Zoom
7:00-8:30 pm

February 20, 27, March 5, 12, 19, April 2, 9, 16th 2024

This 8 week course will focus on doing our own racial identity work to become more effective in addressing racism as white people and parents. We believe that the more we unlearn our own racism, the better we will be at raising anti-racist children and be in service to building more anti-racist schools and communities.

The training will offer a combination of didactic and experiential experiences. There will be opportunities for self-reflection and exploration through personal sharing, body practices, small group work, and journaling. We will include resources in between sessions to read, watch, and reflect in order to prepare us for our time together. We will invite somatic/body awareness throughout our meetings to further build the muscle to stay present in the work.

Workshop Goals & Outcomes

- Support white parents in their racial identity development (awareness of racial identity, power and privilege that come with being white in white supremacy)
- Normalize conversations about race, skill building in talking about race, racism and white supremacy
- Build our capacity as white parents to tolerate racial stress to lean into hard conversations and actions that address racism and promote racial healing and justice
- Practice breaking white solidarity through skill building in addressing racism and supporting our children's racial competency

Fee: \$240 - \$320 (\$30-\$40 a session) Co-parent discount: \$450 to \$550 for 2 parents/caregivers
Full payment due up front (or in two installments if needed)- **VENMO @alisongerig**

Expectations: Ideally attend all sessions, miss one if needed (other than sickness)



CLICK HERE TO REGISTER *(deadline Feb 16th)*

Facilitators



Sarah Halley & Alison Gerig have offered workshops and training around anti-racism and White racial identity for several decades. As parents themselves, they have also worked extensively with parents and faculty at Greene Street Friends School. To learn more about them you can go to: whitepeopleconfrontingracism.org/facilitators [.alisongerig.com](http://alisongerig.com)