

A POSSE OF POETS

POETRY FOR THE UNSPOKEN: WRITING THROUGH TRAUMA



Stories sit in silence, long before they find language.
This workshop is a space for those stories to breathe.

Through poetry and creative writing, we gather not
to relive harm, but to reclaim voice—
line by line, metaphor by metaphor.

Together we explore how words can hold
what once felt unspeakable: the weight
of silence, the remnants of survival,
and the first fragile beginnings
of healing.

Here, we do not rush healing
We honor it.

Sometimes the first step
is simply writing the truth
in your own rhythm.



No poetry experience required!

All are welcome to write from wherever they are in their journey.

PLEASE CONTACT
CHRISTY
FOR MORE INFORMATION:

cangeles@avdvc.org
(661) 949-6143

WHEN:

3PM - 4PM | THURS. | 09, APRIL '26
5PM - 9PM | FRI. | 24, APRIL '26

WHERE:

MOAH: CEDAR
44857 Cedar Ave, Lancaster, CA 93534

LIGHT
REFRESHMENTS
WILL BE PROVIDED!