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**Ivymount Outreach Programs
2019 Course Offerings**

•Spring Edition•

IVYMOUNT OUTREACH 2019 SPRING CALENDAR

This calendar displays start and end dates for each session.

Please visit www.ivymountoutreach.org for specific program dates including school breaks and holidays.

	February	March	April	May	June
Recreational Programs	Camp LOL		03/16/19 - 06/08/19 Saturdays, 10:00 - 1:15		
	Girls Club		03/16/19 - 06/08/19 Saturdays, 11:00 - Noon		
	Arts and Athletics		03/19/19 - 06/04/19 Tuesdays and Thursdays, 3:30 - 5:00		
	Conversation Club		02/23/19 - 06/01/19 Saturday Mornings		
	Unstuck Programs		02/23/19 - 06/01/19 Saturday Mornings		
	PEERS® at Ivymount		02/12/19 - 06/04/19 Tuesdays, 5:00 - 6:30		
Educational and Therapeutic Programs	What's Cooking at Ivymount?		02/23/19 - 06/01/19 Saturdays, 9:30 - 12:30		
	Self Advocacy		02/23/19 - 06/01/19 Saturdays, 10:30 - Noon		
	Tutoring, OT, Speech		Available as Requested		
	Early Childhood Clinic		Open Enrollment		
Endeavors ABA Services					
Home Programming					Available as Requested

RECREATIONAL PROGRAMS

After-school and weekend group programs with an emphasis on FUN



Saturday Programs

Camp Live Out Loud

Camp Live Out Loud (LOL) is a Saturday morning program serving youth and young adults of all ability levels. Designed and led by a team of Ivymount trained staff, participants engage in a variety of activities focusing on music, movement, sports, games, cooking, and the arts. Guest Leaders and/or special activities will be featured each session. Tuition includes all camp materials, art supplies, snacks, daily reports, and more than 30 hours of engaging activities.

Designed for students ages 6-young adult.
Additional cost if 1:1 support is required.

Program runs for 10 week sessions on Saturday mornings from 10 AM – 1:15 PM.

Spring Session Dates: March 16th - June 8th

Girls Club

This group of girls will gather to talk about issues they care about, while working on a project or enjoying an activity together. The focus is on friendship and developing social skills.

Designed for middle and high school girls who seek reciprocal social interactions with peers.
Additional cost if 1:1 support is required.

Program runs for 10 week sessions on Saturday mornings from 11AM-12PM

Spring Session Dates: March 16th - June 8th

After-school Programs



Clubs (including Arts and Athletics)

After-school clubs at Ivymount provide extracurricular activity programs for students of all abilities. Groups are designed and led by Ivymount's Adapted PE teachers, Art teacher, and other highly-trained Ivymount staff.

Participants participate in the activity of their choice. Each club will have a skill sharing, gallery display or scrimmage at the end of the session. Check the website to see what activities will be offered each session.

Designed for students of all abilities, ages 6-young adult. Additional cost if 1:1 support is required.

Program runs for 10 week sessions on Tuesday and Thursdays from 3:30-5PM. Participants may choose Tuesdays, Thursdays or both.

Spring Session Dates: March 19th – June 4th

ABA Generalization & Enrichment Opportunities

Do you already have a home service provider and are looking for opportunities for enrichment opportunities? Enroll your child in one of our recreational programs, which will provide an appropriate setting to work on program goals while participating in fun, engaging activities led by experienced Ivymount staff.

02

EDUCATIONAL AND THERAPEUTIC PROGRAMS

Individual and Group Programs led by our expert teachers and therapists for students and families
Programs for Elementary and Middle School Students

Conversation Club



Our award winning Conversation Club curriculum was written and evaluated by Ivymount staff. Conversation Club provides a comprehensive curriculum for teaching both the “how” and the “why” of conversation. During the program, children will join the “conversation club” and throughout their time together they will meet a cast of kid friendly club members. During club meetings the activities target conversation initiation, topic selection, topic maintenance, perspective taking, social motivation and body awareness, active listening behaviors, gaining attention behaviors and conversation repair. Parent resources will be provided to facilitate a home connection.

Designed for students aged 6-11, who are able to produce sentences of 4-5 words without support; attend to a speaker (peer or adult) for at least 15 seconds; and receptively and expressively answer simple WH questions (e.g., “morning” or “night” when asked a when question).

Program runs for 1 hour sessions on Saturday mornings for 12 weeks and after-school.

Spring Semester Dates for Saturday Sessions: February 23rd-June 1st. See website for after-school dates at www.ivymountoutreach.org



Unstuck and On Target! & Applied Unstuck

Designed by Ivymount staff and other partners in the field, Unstuck and On Target! is an intensive executive function and social intervention learning experience for the entire family. The semester-long program is perfect for elementary and middle school children who struggle to understand compromise, how to be a friend, verbal and non-verbal social cues, and flexibility. Our follow up program, Applied Unstuck, offers students who have gone through the Unstuck and On Target! program additional opportunities to practice their new skills.

Both programs include parent workshops and resources that teach parents how to embed the Unstuck strategies in dozens of everyday scenarios, from morning routines to getting homework done.

Designed for students ages 7-14, who are able to access learning through a verbal based instructional format. Language skills and cognition should be within the normative range. Generally students are able to participate in grade level curriculum at school although they may have disparities.

Program runs for 1 hour sessions on Saturday mornings for 12 weeks.

Spring Semester Dates:
February 23rd-June 1st

EDUCATIONAL AND THERAPEUTIC PROGRAMS

Programs for Middle and High School Students

03



PEERS® at Ivymount – Focus on Friendship

Based on PEERS®, an evidence-based social skills program designed to help participants make and keep friends, students learn important social skills and are given the opportunity to practice these skills in session during socialization activities (e.g. playing sports, board games, etc.). Program requires parent participation and completion of weekly homework assignments.

Designed for middle or high school aged teens with High Functioning Autism or ADHD with reading comprehension level of 3rd grade or higher. Participants must be highly motivated to learn new skills and willing to do weekly “homework” to practice their skills.

Program runs for 90 minute sessions on Tuesday evenings for 16 weeks.

Spring Semester Dates: February 12th-June 4th



What’s Cooking at Ivymount?

Cooking is an important skill to learn in the path to independence. In *What’s Cooking* participants will develop basic cooking skills such as using a microwave, following recipes, measuring, using kitchen tools and more. During each class, participants will identify needed ingredients to complete the recipe, go on a grocery shopping trip, prepare lunch and eat together as a group. At the end of the session, participants will receive an individualized recipe book based on their cooking and reading skills to take home.

Designed for students aged 15 to young adult. Participants must be able to demonstrate safe behavior in the kitchen and community. 1:1 support available at an additional cost.

Program runs from 9:30-12:30 on Saturday mornings for 12 weeks.

Spring Semester Dates: February 23rd-June 1st



04

EDUCATIONAL AND THERAPEUTIC PROGRAMS

Programs for Middle and High School Students



PRE-EMPLOYMENT AND TRANSITION SERVICES

Self Advocacy

Using a program piloted at Ivymount School, students will develop self-advocacy skills through a variety of activities. By the end of the course students will have identified their strengths, interests and challenges. Students will gain a better understanding of their disability, practice goal setting, and develop strategies and resources for problem solving. The course is interactive and students will be given opportunities to practice “telling their story” to others, including employers. Students will plan a culminating event to showcase the skills they have developed.

For participants who reside in Maryland, funding is available through the MD Department of Rehabilitation Services (DORS) Pre Employment Transition Services (Pre-ETS). Speak to your DORS Counselor to apply. Families can also pay privately for the program.

Designed for students ages 14-18 years old, who are able to communicate verbally, but may have cognitive or language challenges. Participants should be able to work in a group environment.

Program runs for 90 minute sessions on Saturday mornings or Tuesday afternoons for 12 weeks.

Spring Semester Dates:

Saturday session February 23rd–June 1st

Tuesday session February 26th–May 28th

Ivymount Outreach will offer additional programs that qualify for funding by Pre-ETS. Check out our website www.ivymountoutreach.org in early spring for additional program information.



ABA SERVICES

Providing Ivymount's tradition of excellence in Applied Behavior Analysis to clinic, home and community settings



Early Childhood Programming

Our Early Childhood Clinic focuses on teaching preschool aged children the foundational skills necessary for learning. We provide a collaborative, evidence-based program to teach communication, preschool readiness, self-care and play skills and skills to develop meaningful social relationships. Services include comprehensive ABA with embedded speech and occupational therapy. Services available in our full day clinic on-site at Ivymount. Clinic runs Monday-Friday 8:30-2:30.

In-Home Programming

Our home programs are individually designed based on the needs of each client and their family. We collaborate with families to teach targeted goals or provide comprehensive ABA programming in home and community settings. All ABA staff are Ivymount trained and supervised.

Services available after-school and on weekends.

ABA Generalization & Enrichment Opportunities

Already have an ABA home program? Looking for opportunities for your child to practice social skills with other peers or generalization of skills to novel settings? Enroll your child in one of our recreational programs to provide an appropriate setting for your home BCBA and/or behavior technicians to work on program targets in real life settings. Email outreach@ivymount.org with questions or to start designing your complementary services.



11614 Seven Locks Road, Rockville, MD 20854

•Spring Edition•

Extending Ivymount's Exceptional Services to the Community

Ivymount Outreach shares the expertise of Ivymount School and The Maddux School with the greater community. We offer services by highly trained staff to individuals, families and professionals. Our services include recreational, educational, and therapeutic programs, as well as, trainings and consultation across a variety of topics in the field of special education.

Register now!

Visit www.ivymountoutreach.org for more information or to register.

Email outreach@ivymount.org or call 301-469-0223 with questions.

Exciting Updates from Ivymount Outreach



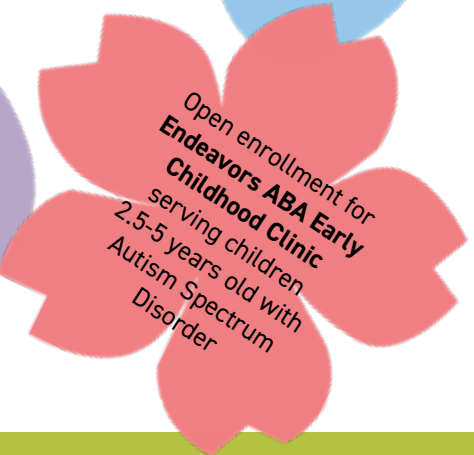
New Groups:
What's Cooking and
Self Advocacy offered
Spring 2019.
More details inside.



Ivymount's 7th
Annual
**Special Needs
Resource Fair** will
be held Sunday,
February 24th from
12-3 p.m.



Visit
www.ivymountoutreach.org/sel
A site for parents and
professionals to access resources
related to Social and Emotional
Learning



Open enrollment for
**Endeavors ABA Early
Childhood Clinic**
serving children
2.5-5 years old with
Autism Spectrum
Disorder