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FOR IMMEDIATE RELEASE

Doctors' Day: A time to thank and recognize our caregivers – and give our community a boost in their honor

March 30 is Doctors' Day, one day out of the year to recognize the physicians who take care of us **every** day of the year. Physicians are confidants, detectives, sources of comfort, and healers. And they are here for us during the most memorable moments of our lives – when we joyfully greet new life coming into the world, as well as when we receive a difficult diagnosis or grieve the loss of a loved one.

During the COVID-19 pandemic, doctors on the front lines risked their lives to help those in need. Their heroic efforts were a reminder of the vital roles they fulfill in our communities.

We recognize that being a physician requires time, sacrifice and a willingness to put others first. Whether it's in the Emergency room, a hospital room, or an urgent, primary, or specialty care clinic, doctors are here to help us along the way by providing quality, personalized care each and every day.

In lieu of receiving traditional gifts for Doctors' Day, our physicians opted to **give** instead. Our hospitals presented a total of \$13,100 in charitable contributions to the following local non-profit organizations:

- Borderlands Produce Rescue
- Clínica Amistad
- Community Food Bank of Southern Arizona
- Tu Nidito

"Each of these organizations is dedicated to improving the health and well-being of people in the communities we serve," said Brian Sinotte, FACHE, market CEO of Northwest Healthcare. "We are so proud of our physicians for the passion they bring to healing others, both physically and emotionally. They are truly an inspiration.

"We hope you will reach out to thank the physicians you know for their contributions, sacrifices, skills and compassion."

About Northwest Healthcare

Northwest Healthcare is an integrated healthcare provider committed to delivering Tucson and surrounding communities with high quality, accessible healthcare. Northwest Healthcare includes Northwest Medical Center, Oro Valley Hospital, Northwest Medical Center Sahuarita, Northwest Medical Center Houghton, Northwest Emergency Centers in Vail and Marana, Northwest Urgent Cares, Northwest Women's Center, Northwest Primary & Specialty Care, Northwest Tucson Surgery Center, Tucson Surgery Center and Northwest Transitions, an inpatient rehabilitation facility. To learn more, visit HealthierTucson.com

Northwest Healthcare offers *Live Healthy*, a free e-newsletter with a monthly dose of health and wellness inspiration sent directly to your inbox. Sign up at healthiertucson.com/enewsletter-sign-up-thank-you