

groceries every month with snap

SEE IF YOU ARE ELIGIBLE.



WHAT IS SNAP?

- Supplemental Nutrition Assistance Program (**SNAP**), formerly known as Food Stamps.
- **SNAP** is designed to help individuals and families stretch limited budgets when money is tight.
- The **SNAP EBT** card looks just like a debit card, and can be used at most stores and markets.

HOW DOES SNAP HELP SENIORS?

- The monthly minimum is \$15 (\$180 a year), but most people are eligible for more.
- Benefits roll over each month. This allows you to spend more during the holidays or when you need it most.
- Would you cut out a \$15 coupon each month? Think of **SNAP** as a coupon.
- Many prescriptions say to take with food. **SNAP** helps save money for medications and food.