

need help putting food on the table?

FREQUENTLY ASKED QUESTIONS...

What is **SNAP**?

The Supplemental Nutrition Assistance Program, known as SNAP, is the new name for the Federal Food Stamp Program. SNAP helps people with little or no income buy all sorts of food including fruits and vegetables.

Can I get **SNAP** benefits?

To receive benefits, your income and resources have to be under certain limits. People with lower incomes receive more benefits.



SNAP INCOME ELIGIBILITY EFFECTIVE 10/01/2019 TO 9/30/2020

Household Size	1	2	3	4	5	+1
Gross Monthly Income:	 \$1,354	 \$1,832	 \$2,311	 \$2,790	 \$3,269	 + \$479

If you would like information on how we can help you connect to SNAP benefits, contact Mid-Ohio Foodbank's Food Assistance Outreach Team at **614-782-5503**.

You can also contact our Outreach Coordinators individually:
Demetria: 740-438-4732 | **Debera:** 614-420-6960 | **Duck:** 740-513-1527
Chiimeh: 614-420-6126 | **Ashley:** 614-230-3263

mid-ohio food collective
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