



**GETTING HERD: A TEEN GROUP WORKSHOP WITH HORSES**

*Getting Herd is funded wholly by a THRIVE Grant from the Maya Gold Foundation. Maya Gold, a 15-year-old New Paltz HS student, took her own life in October of 2015. The Maya Gold Foundation was created in her honor to promote wellness, empathy, respect, creativity, and joy amongst youth and adults in the New Paltz area.*  
[www.MayaGoldFoundation.org](http://www.MayaGoldFoundation.org)

Participant Name \_\_\_\_\_ DOB        /        /

Name of Participant's Guardian \_\_\_\_\_

Guardian Address \_\_\_\_\_ ZIP

Participant Address if Other \_\_\_\_\_ ZIP

Participant Phone Number \_\_\_\_\_ Cell/ Home/Work (Circle One)

Guardian Phone Number \_\_\_\_\_ Cell/ Home/ Work (Circle One)

Okay to identify ourselves in voicemail message? (Circle One)        Yes        No

Guardian's Email \_\_\_\_\_

Participant's School \_\_\_\_\_ Grade Level \_\_\_\_ or Home School (circle)

School Counselor\* \_\_\_\_\_ Phone Number \_\_\_\_\_

School Counselor Email \_\_\_\_\_

Current Therapist (if applicable)\* \_\_\_\_\_

Phone Number \_\_\_\_\_

*\*Please fill out attached release form in order for us to be able to communicate with school counselor and/or therapist prior to attending the group.*

**EMERGENCY CONTACT:**

Name \_\_\_\_\_

Relationship \_\_\_\_\_

Phone Number \_\_\_\_\_

## Request/Authorization to Release Confidential Records and Information

Client's name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Parent or Guardian name: \_\_\_\_\_

Client Address: \_\_\_\_\_ Client Phone #: \_\_\_\_\_

I hereby authorize **Hudson Valley HorsePlay/ Cori Nichols, ES and Rosemary Rouhana, LMHC, NCC**

To release/ receive information to/from:

Person or Facility: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Specific Information to be released/received:

- ☐ Further mental health evaluation      ☐ Treatment Plans/Reviews      ☐ Complete Psychosocial History

- ☐ Attendance in counseling      ☐ Diagnosis      ☐ Prognosis

☐ Other (Specify): \_\_\_\_\_

(Academic Info, Psych Evaluation, Intake Forms, Medication Information, Physical Health Info, Discharge Summary)

Permission to release/receive information via: ☐ Telephone ☐ Paper Record

The reason I am authorizing release is:

(Initial/Ongoing Care or Treatment, Assessment/Evaluation, Treatment Planning, etc)

This Authorization will expire on termination of treatment/ discharge or I may revoke this authorization at any time.

**Authorization and Signature:** I have had explained to me and understand this request/authorization to release records and information, including the nature of the record and their contents. I authorize the release of my confidential protected health information, as described in my directions above. I understand that this authorization is voluntary, that the information to be disclosed is protected by law, and the use/disclosure is to be made to conform to my directions. I understand that I may take back this consent at any time, except to the extent that action based on this consent has already been taken.

Signature of client

Printed name

Date

Signature of parent/guardian/representative

Printed name

Relationship

Signature of Therapist

Printed name

Date \_\_\_\_\_



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\_\_\_\_\_  
Signature of client

\_\_\_\_\_  
Printed name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of parent/guardian/representative

\_\_\_\_\_  
Printed name

\_\_\_\_\_  
Relationship

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Therapist

\_\_\_\_\_  
Printed name

\_\_\_\_\_  
Date



## PATIENT RIGHTS AND HIPAA AUTHORIZATIONS

The following specifies your rights about this authorization under the Health Insurance Portability and Accountability Act of 1996, as amended from time to time (“HIPAA”).

1. Tell your mental health professional if you don't understand this authorization, and they will explain it to you.
2. You have the right to revoke or cancel this authorization at any time, except: (a) to the extent information has already been shared based on this authorization; or (b) this authorization was obtained as a condition of obtaining insurance coverage. To revoke or cancel this authorization, you must submit your request in writing to your mental health professional and your insurance company, if applicable.
3. You may refuse to sign this authorization. Your refusal to sign will not affect your ability to obtain treatment, make payment, or affect your eligibility for benefits. If you refuse to sign this authorization, and you are in a research-related treatment program, or have authorized your provider to disclose information about you to a third party, your provider has the right to decide not to treat you or accept you as a client in their practice.
4. Once the information about you leaves this office according to the terms of this authorization, this office has no control over how it will be used by the recipient. You need to be aware that at that point your information may no longer be protected by HIPAA.