

Heart Failure Awareness Week English Webinar 2026, presented by Heart & Stroke and HeartLife Foundation

***Bridging Heart Failure Care:***  
*Recognizing Signs and Symptoms, Reducing Risks and Managing Connected Conditions*

**Date and Time**

May 5, 2026, from 12:00 to 1:00 EST

**Registration**

To register for this webinar, scan the following QR code:

Or visit: <https://www.strokebestpractices.ca/resources/webinars>



**Presenters and Moderators**

**Dr. Morgan Krauter, DN, NP**

*Doctor of Nursing, Nurse Practitioner Lead, Heart Function Program Royal Victoria Regional Health Centre, ON*

**Dr. Daniel Ngui, BSc, PT, MD, FCFP**

*Clinical Professor University of British Columbia, Medical Director Fraser Street Medical Vancouver, Family Physician, BC.*

**Joel Buenacruz**

*Person with a lived experience*

**Marc Bains**

*Co-founder, HeartLife Foundation, Co-lead for the Canadian Heart Function Alliance*

**Shannon Doucette, RN, BScN, MN**

*Heart Failure Project Lead, Heart and Stroke Foundation*

**Intended Audience**

Health professionals across the continuum of care, people with lived experience of heart disease, VCI, stroke, or other vascular conditions such as heart failure, atrial fibrillation or hypertension, family members and care supporters of people with lived experience. Heart & Stroke staff, members of the public, and system leaders may also find this webinar informative and helpful. **This free event is an open invitation and can be shared.**

**About this Presentation**

Aligned with **Heart Failure Awareness Week (May 3rd–9th, 2026)**, this webinar—*Bridging Heart Failure Care*, will provide healthcare providers, people with lived experience, and caregivers with essential knowledge to recognize heart failure signs and symptoms, understand key risk factors, and appreciate how heart failure interacts with other conditions.

Participants will also receive a practical overview of the role of guideline-directed medical therapy (**GDMT**), including how evidence-based medications improve survival, reduce hospitalizations, and enhance quality of life. The presentation will highlight ongoing efforts across Canada to bridge unified heart failure care and bring awareness for those living with this increasingly common condition.

**Learning Objectives**

- **Recognize key signs and symptoms of heart failure**, including early and advanced changes that require timely action.
- **Identify major risk factors for heart failure** and understand how proactive management can improve outcomes.
- **Describe how heart failure is connected to other chronic conditions**, such as diabetes, hypertension, and kidney disease, and why integrated care is important.
- **Understand the role of guideline-directed medical therapy (GDMT)** in supporting survival, reducing hospitalizations, and improving quality of life.

For any questions or to submit questions to our panelists beforehand, please e-mail [KTHP@heartandstroke.ca](mailto:KTHP@heartandstroke.ca)

Please note that this live webinar will be recorded and available for viewing on the Heart & Stroke YouTube channel, the HeartLife Foundation YouTube channel, and on the Canadian Stroke Best Practices website.