



Your Sample Slow Travel Itinerary

Slow Travel Spotlight: London, Paris + Italy

At Simply Inspired Travel, we believe that slow travel is more than just taking your time – it’s about immersing yourself in the rhythm of a place, savoring its culture, and discovering what makes it truly special.

Recently, we designed an itinerary for a couple who dreamed of seeing London, Paris, and Italy. Originally, we planned a fully customized FIT (Flexible Independent Travel) trip, but ultimately, an escorted tour gave them the spaciousness they were looking for – while still hitting all their dream destinations.

Why this itinerary embodies slow travel

- **London stay (4 nights):** Time to explore iconic landmarks like Stonehenge, Windsor Castle, and the Thames River, plus a free day to wander at leisure.
- **Paris immersion (4 nights):** Days filled with highlights – strolling the Champs-Élysées, visiting Versailles, or enjoying a Seine cruise – balanced with evenings of cabaret, gourmet trails, and leisurely exploration.
- **Italy extension (Rome, Capri, Assisi, Venice):** Multi-night stays ensured nothing felt rushed. Guests could linger in piazzas, admire Michelangelo’s Sistine Chapel, or enjoy optional experiences like a Capri coastline cruise.





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For the average traveler

Slow travel doesn't have to mean covering multiple countries. For many, a perfect itinerary might simply include London and Paris — two cities where you can easily spend a week each, soaking up daily life, culture, and cuisine. The escorted tour shows how you can expand that foundation into a grand European adventure, while still keeping the relaxed pace that makes slow travel so rewarding.




Takeaway

Whether you linger in just one city or stretch across several, slow travel is about depth over speed. It's about savoring the journey, not rushing through it.

Ready to plan your own slow travel adventure?

If this itinerary inspires you, let's design a journey that matches your pace and passions. Whether it's a week in Paris, a month across Europe, or something in between, Simply Inspired Travel will craft the experience that feels right for you.

 Contact Michele at michele@travelsimplyinspired.com or call 813-833-8494 to start planning your next unforgettable adventure.