



Multi-Generational Travel

Flying with Children

7 WAYS TO SIMPLIFY FLYING WITH CHILDREN

So you want to get out of town — and not just for the weekend. You want to travel somewhere far enough away that you can forget about the real world for a minute. But, you have kids, and flying with them can be daunting. You know that if you can make it through the flight, you'll have a blast. With these seven tips, you can make flying with your children a bit easier and save yourself unnecessary stress!

1. Pack New Toys

Toys can grow old quickly when you're a busy four-year-old. Pick up a few new toys, coloring books, books, etc. to catch and keep their attention during your flight. They'll enjoy a novel experience and think less about being trapped on an airplane.

2. Take a Red Eye

Kids are simple to manage when they're asleep. While red-eye flights can be tiring, they can also be lifesavers when you're flying with kids. You just might find yourself getting much-needed shuteye before your vacation, rather than wrangling your kids for hours on end in tight quarters.

3. Bring Extra Snacks

Airplane snacks can be ... unappetizing (even for adults). Let's admit it. The last thing you want to deal with is angry and hungry kids. Pack snacks you know they love -- and lots of them!

4. Board Early

Many airlines allow people traveling with children to board early. Take advantage of this! It allows you to stow away all of your items and get comfortable without an audience. If you're not sure whether your airline offers early boarding for parents, you can call ahead of time or even ask for early boarding while waiting for your flight.





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5. Protect Their Ears

People tend to forget that the change in altitude can put lots of pressure on ears, especially little ones. You can help your children avoid unnecessary discomfort by offering chewing gum, bottles, sippy cups, or pacifiers at take-off and landing.

6. Stick to the Schedule

Try to follow your kids' usual schedule. Consider naps, meals, bedtime, and everything else you do daily. Schedule flights and layovers around these events to make your trip a bit smoother. You might not be able to keep everything the same, but the closer to your typical day, the better!

7. Book Direct Flights

Yes, direct flights can be hard to come by, especially when you don't live near a major airport. However, if you book during certain times of the year or far enough in advance, you just might find direct flights within your budget. You and your kids will be grateful to have fewer stops and changes on the way to your destination.

Don't let the fear of traveling with children keep you from enjoying what the world has to offer! Go ahead. Book that vacation you've been dreaming of. With these seven tips, you'll find flying with your kids simpler than you expected. Let's chat!

