



# Multi-Generational Travel

## Activities for Every Age

### VACATION ACTIVITIES FOR EVERY AGE, FROM INFANTS TO SENIORS

You're headed on a trip with the whole family, and now you're responsible for planning activities everyone loves, including Grandpa! Look no further. Here is a handful of activities for every age group to choose from.

#### Infant

Infants are young enough that you don't have to worry too much about planning special activities for them. The trick is simply keeping them happy (or asleep).

- Enjoy a beach day with plenty of shade
- Take a leisurely hike or nature walk
- Drive to see local architecture

#### Toddler

Toddlers are a little trickier to manage than infants. They just want to play with everything, so you'll want to stick to excursions that keep them busy. Added bonus: Busy days usually equate to a better night's sleep!

- Head to the beach, and bring toys to play in the sand
- Play in the pool with fun floaties
- Visit a local playground or park

#### Child

The secret to ensuring children have a good time is planning activities that make them use their imaginations and expend pent-up energy.

- Hike to a local landmark while admiring wildlife along the way
- Visit a museum, zoo, aquarium, or planetarium
- Play games at an amusement park or carnival

#### Teenager

Teenagers can be tough to please, but typically, they enjoy activities that allow them to simply chill. Don't overthink it!

- Soak up the sun at the beach
- Go on a shopping spree at local boutiques
- Ride rollercoasters at an amusement park





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### Young Adult

Young adults usually want to experience real adventure when they're on vacation. Don't be afraid to think outside the box or to push the limits a bit.

- Hike to a scenic overlook, waterfall, swimming hole, or unique landmark
- Snorkel at a coral reef
- Visit local sites via horseback, bike, scooter, or ATV

### Adult

Adults can be just as adventurous as their younger counterparts, but sometimes, they just want to relax.

- Read a book by the pool or at the beach
- Enjoy a spa day
- Play a round (or two!) of golf

### Senior

Seniors enjoy rest and relaxation as much as anyone, but don't underestimate their willingness to have a good time and try something new.

- Have dinner and drinks at a local restaurant
- Visit a historical landmark
- Take a sunset dinner cruise

You'll find, while each age group enjoys unique activities, you can squeeze multiple into a single excursion or day. Remember that trying new things at any age allows for bonding, and isn't that what vacation with family is all about?

Let's talk about where you're headed on your multi-generational trip and find activities perfect for every family member!

