

## RESOURCE LIST

### Update on COVID-19 in Montgomery County

- <https://montgomerycountymd.gov/HHS/RightNav/Coronavirus.html>
  - **Amharic** <https://montgomerycountymd.gov/HHS/RightNav/covid19-translations/amharic.html>
  - **Chinese** <https://montgomerycountymd.gov/HHS/RightNav/covid19-translations/chinese.html>
    - CCACC-Pan Asian Volunteer Health Clinic has set up a Chinese language COVID-19 Information line, daily from 9 a.m. to 6 p.m: 301-798-6001
  - **French** <https://montgomerycountymd.gov/HHS/RightNav/covid19-translations/french.html>
  - **Korean** <https://montgomerycountymd.gov/HHS/RightNav/covid19-translations/korean.html>
  - **Spanish** <https://montgomerycountymd.gov/HHS/RightNav/covid19-translations/spanish.html>
  - **Vietnamese** <https://montgomerycountymd.gov/HHS/RightNav/covid19-translations/vietnamese.html>
    - Vietnamese American Services has set up a free hotline for information on COVID-19. Call 301-646-5852 Monday through Friday, 9 a.m. to 5 p.m.

### Food Access

- **Montgomery County Food Council**
  - Has collected information on food resources and assistance.
  - For most updated information: <https://mocofoodcouncil.org/covid-19-local-food-system-resources/>
  - 301-664-4010, [info@mocofoodcouncil.org](mailto:info@mocofoodcouncil.org)
- **Senior Nutrition Program**
  - Seniors who are 60 years of age or over may be able to get meals from various senior centers in the county.
  - See <https://www.montgomerycountymd.gov/rec/activitiesandprograms/seniors/nutrition.html>
  - Call 240-777-4925 for more information.
- **Free Meals for Youth**
  - Grab-and-go meals are available for children up to age 18, Monday – Friday, 11 a.m. and 1 p.m. No appointment necessary.
  - For distribution locations, please see <https://www.montgomeryschoolsmd.org/coronavirus/meals/>
- **SNAP Enrollment**

- To enroll in the SNAP (food stamp) program, apply online at <https://mydhrbenefits.dhr.state.md.us/dashboardClient/#/home> or call Maryland Hunger Solutions at 1-866-821-5522
- **Department of Health and Human Services Safety-Net Services**
  - Food Supplement Program (formerly Food Stamps) provides monthly benefits to families and individuals who need assistance to buy food.
    - MANNA Food Support - Food Resource Assistance  
<https://www.mannafood.org/how-to-receive-food-from-manna/> regular business hours at (301) 424-1130) call by 3:00 pm.
    - Meals are also available at
      - Olney Help <http://www.olneyhelp.org/faq.html>
      - Shepard's Table <https://www.shepherdstable.org/meals/>
      - Gaithersburg Help <https://www.gaithersburghelp.org/>
      - Women Who Care Ministries  
<https://www.womenwhocareministries.org/>
- **More Information**
  - See [https://www.montgomerycountymd.gov/gilchrist/Resources/Files/test1\(2\).pdf](https://www.montgomerycountymd.gov/gilchrist/Resources/Files/test1(2).pdf)
  - See <https://mocofoodcouncil.org/covid-19-local-food-system-resources/#unique-identifier>

## Healthcare

- **Maryland Health Connection**
  - Emergency special enrollment period is from March 16 until June 15, 2020.
  - Go to <https://www.marylandhealthconnection.gov/>
- **Office of Eligibility and Support Services (OESS)**
  - OESS offices confirm eligibility for Care for Kids, Maternity Partnership and Dental Services.
  - Call OESS at 240-777-1003 from 8:30 a.m. to 4:30 p.m. Monday through Friday if you have questions. Or email [OESS.MoCo@montgomerycountymd.gov](mailto:OESS.MoCo@montgomerycountymd.gov)
- **Testing for COVID-19**
  - If you think you are ill and need medical care, you should seek medical attention. Call ahead before going, so the provider can take precautions when you arrive. If you would like to speak with a nurse please call 240-777-1755.
- **More information**
  - See <https://www.montgomerycountymd.gov/gilchrist/Resources/Files/HealthCare%20Resources%20Available%20During%20COVID-19%20Closures,%203-25-2020.pdf>

## Housing

- **Rent**

- There is a temporary eviction moratorium in Montgomery County, which prohibits landlords from physically removing renters from their homes for any reason.
- Eviction cannot occur without an eviction order. Maryland courts are currently closed until May 1.
- Residents with questions or concerns can call the County's Office of Landlord-Tenant Affairs by calling 311 or 240-777-0311
- Residents can also contact a landlord tenant investigator by filing a service request online <https://www3.montgomerycountymd.gov/311/SolutionView.aspx?SolutionId=1-2ZHF9N>
- **Utilities**
  - Governor Hogan has issued an emergency order that prohibits electric, gas, water, sewage, phone, cable TV, and internet service providers from shutting off any residential customer's service or charging any residential late fees.
  - The Gilchrist Center is working to connect county residents with available resources by phone: 240-777-4940 (in English or Spanish, or other languages using interpreter) Monday through Friday 9 a.m. - 5 p.m.
- **Internet Access**
  - Low-income families who live in a Comcast service area to sign up by offering new customers 60 days of complimentary Internet Essentials service, which is normally available to all qualified low-income households for \$9.95/month. To sign up, applicants can visit [www.internetessentials.com](http://www.internetessentials.com)
  - There are also two dedicated phone numbers 1-855-846-8376 for English and 1-855-765-6995 for Spanish.
- **Housing Stabilization Services**
  - Services for emergency housing needs, including homelessness prevention services and housing related financial assistance with eviction, foreclosure and utility disconnection are available.
    - Request a phone interview by calling one of the following offices:
      - Rockville
        - Open Tuesday and Thursday
        - 1301 Piccard Drive, Rockville MD
        - 240-777-4500
      - Silver Spring
        - Open Monday, Wednesday and Friday
        - 8818 Georgia Avenue
        - 240-777-3075
- **Montgomery County Coalition for the Homeless**
  - If you or someone you know is in crisis, please contact one of the following offices:
    - English: <https://mcch.net/in-crisis/>
    - Spanish: <https://mcch.net/in-crisis/esta-en-crisis/>
    - French: <https://mcch.net/in-crisis/vous-etes-en-situation-de-crise/>
    - Korean: <https://mcch.net/in-crisis/korean/>
    - Amharic: <https://mcch.net/in-crisis/amharic/>
- **More Information**

- See  
<https://www.montgomerycountymd.gov/gilchrist/Resources/Files/Rental%20And%20Bail%20Assistance,%203-25-2020.pdf>

## **Financial Assistance**

- **Unemployment**
  - For the most up-to-date information, go to  
<http://www.labor.maryland.gov/employment/unemployment.shtml>
  - If a claimant is having difficulty placing a call or accessing the website, he or she can email [ui.inquiry@maryland.gov](mailto:ui.inquiry@maryland.gov). Employers can email [dluiemployerassistance-labor@maryland.gov](mailto:dluiemployerassistance-labor@maryland.gov) or contact 410-767-2412.
- **CARES Act**
  - The IRS is providing federal stimulus assistance to individuals. Individuals must have a social security number for themselves and their qualifying children to receive payments.
  - For more information, please see <https://www.irs.gov/coronavirus-tax-relief-and-economic-impact-payments>
- **Public Health Emergency Grant**
  - The Montgomery County Public Health Emergency Grant program is designed to provide financial assistance to Montgomery County for-profit businesses (including sole proprietorships and independent contractors) and nonprofit organizations that have experienced significant financial loss caused directly or indirectly by a public health emergency. Local businesses may be eligible for grants of up to \$75,000.
  - To apply, go to <https://www.montgomerycountymd.gov/Biz-Resources/pheg/>
- **Emergency Assistance for Residents**
  - County Executive Elrich and the County Council have set aside \$5 million in funding to support individuals and families experiencing a financial hardship due to COVID-19. The funding will provide direct financial assistance to the County's most vulnerable residents so they can purchase basic needs. The County Executive is developing the guidelines and process to implement the program as quickly as possible.

## **Senior Care**

- **Special Shopping Hours for Seniors**
  - See here for a list of grocery stores that special senior shopping hours:  
<https://montgomerycountymd.gov/HHS/Resources/Files/COVID19GroceryStores.pdf>
- **Senior Call Check Program**
  - Maryland residents who are 65 years of age or older may enroll in automated check-in phone calls. Calls take place between 8 a.m. and 4 p.m., as close as possible to the one-hour time block pre-selected by the participant. If the participant does not answer their first call, they will be tried two more times. If those calls go unanswered, additional calls will be made to notify an alternative person who is selected by the participant during program enrollment.

- To enroll, please visit <https://aging.maryland.gov/Pages/senior-call-check.aspx>
- **More Information**
  - <https://montgomerycountymd.gov/HHS-Program/Resources/Files/A&D%20Docs/ResourcePacketForOlderAdultsDuringCOVID19.pdf>

## **Mental Health**

- **Stress and Anxiety**
  - If you need to talk to someone immediately about your stress and anxiety, you can call the County's 24/7 Crisis Center at 240-777-4000. EveryMind also has a 24/7 hotline available which you can call or text at 301-738-2255.
  - Abused Persons Program (24/7 crisis line): 240-777-4210, TTY Call MD Relay 711
  - Victim Assistance and Sexual Assault Program (24/7 crisis line): 240-777-4357, TTY Call MD Relay 711
  - Adult Abuse & Neglect 24/7 Reporting Line: 240-777-3000, TTY Call MD Relay 711
  - Child Abuse & Neglect 24/7 Reporting Line: 240-777-4417, TTY Call MD Relay 711
  - Thrive Behavioral Health 301-493-2400
- **Domestic Violence**
  - Anyone who is experiencing or has experienced domestic violence is eligible to receive services. Please call 240-773-0444
  - For more information, please see <https://www.montgomerycountymd.gov/fjc/>
- **More Information**
  - See <https://www.montgomerycountymd.gov/gilchrist/Resources/Files/Mental%20Health-DV%20Resource%20List,%204-3-2020.pdf>

## **Additional Information**

- Please see the following sites for additional information that may not have been covered above
  - The Gilchrist Center <https://www.montgomerycountymd.gov/gilchrist/>
  - Montgomery County Department of Health and Human Services <https://montgomerycountymd.gov/HHS/RightNav/COVID19CommunityResources.html>
  - InfoMontgomery <https://www.infomontgomery.org/covid-19-updates/>

