

RESILIENT STRONG & EMPOWERED

WOMEN IN GOVERNMENT

RISE with us in 2021!

Join the Women in Government's second annual conference focused on being resilient, strong and empowered as we overcome a variety of challenges at work and beyond.

FRIDAY, MARCH 12, 2021

9:30 AM - 12:00 PM

VIRTUAL EVENT

HOW TO REGISTER

Log on to the AccessMCG ePortal and go to Employee Self Service, then Learner Home. Under the Search field "Class," enter the keyword "Women".

EVENT TOPICS

The following topics will be covered and are geared towards managing stress and strengthening resilience:

**FEED YOUR MIND
MANAGING UNCERTAINTY
HEALTHY WORKSPACE
NURTURE YOUR BODY**

