

Join us for a Worksite Wellness Networking and Training Event

Finding New Ulm's Wellness Gold

*How to Incorporate Our Wealth
of Community Resources Into Your
Worksite Wellness Program*



New Ulm is brimming with a vast number of community resources that you can leverage to benefit your worksite wellness initiatives. Join us for a discussion featuring plenty of examples on how you can incorporate these resources, as well as possible barriers to doing so and how to address them.

Thursday, October 11, 2018

Time: 11:30 a.m. to 1 p.m.

Location: BeMobile, Inc. (Verizon Wireless)
Conference room
1609 S. Broadway St., New Ulm

Cost: Sandwiches, fruit and a spring salad
from Gutes Essen available for \$10

RSVP: RSVP by October 8 to
info@heartsbeatback.org

THANK YOU to all of the New Ulm-area worksite wellness leaders who are joining us each quarter to learn, share and find solutions to common challenges in building a culture of health at the worksite. Together we can make a difference.

AllinaHealth

**NEW ULM
MEDICAL CENTER**

Occupational Health and Wellness Services



heartsbeatback®
THE HEART OF NEW ULM PROJECT

ship
Statewide health
improvement partnership
BROWN, NICOLLET, LE SUEUR
& WASECA COUNTIES