

Help Wanted: *Young HVRHS Career Experience Internship Program seeks internship opportunities at local organizations.*

HVRHS Career Experience Program is seeking to create job shadow and internship opportunities in both for-profit and non-profit organizations in the local community.

While one-day job shadows are a perfect vehicle to introduce a student to a job or career, internships are a longer-term way for our students to build skills, connect to curriculum, and establish connections in the local community with caring adults working in all kinds of careers.

Sometimes it's difficult for a teen to visualize what a shadow or internship might look like. The Career Experience has had better success when an organization approaches it with a specific internship request.

That's where I'd like to ask your help--in creating specific shadow or internship possibilities in your organization for HVRHS students. While I can't guarantee an intern for you, I'd be happy to meet with you to brainstorm and structure these opportunities, circulate it to students, facilitate the process, and be the contact person at the school to resolve issues.

In brief, internships:

- Do not constitute an employee relationship
- Are for a specific duration or project, usually up to 120 hours
- Can be paid or unpaid (though we'd prefer at least a stipend)
- Possess a demonstrable educational component
- Are subject to health and safety laws applicable to the age group

I've included some information about job shadows and internships in the [HVRHS Career Experience Webpage](#) and in the accompanying document describing the program.

On behalf of HVRHS students, thank you for your help!

Kind regards,

Mary B. O'Neill, Ph.D.
Career Experience Coordinator
Instructor in Accounting and Global Marketing
Housatonic Valley Regional High School
Room 134
246 Warren Turnpike Road
Falls Village, CT 06031
860.824.5123 ext. 102
moneill@hvrhs.org

Twitter: @hvrhscareeredu

Instagram: @hvrhscareerexperience