



### **First Person Perspectives: From Incarceration to Recovery**

NYS Social Work & LMHC CE Contact Hours: 2.0

CASAC Renewal Credit Hours: 2.0

This training for behavioral health professionals offers a first-hand account of the experience of incarceration, reentry and recovery from those who have lived through it. Panelists will describe their day-to-day experiences of incarceration and the strategies they used to cope with that experience. In addition, they will explore the challenges and opportunities inherent in transitioning to the community from a correctional facility. They will also discuss how incarceration has affected their personal identify and behavior and provide insight into the sources and impact of stigma on their recovery. Most importantly, they will share their stories of personal strength and resolve to move forward. Ultimately, they will help providers understand how they can best support and engage their justice-involved clients with mental health issues, as they carve a path to recovery.

This class is designed to use personal narratives to help providers develop greater compassion and sensitivity to the experience of incarceration so they can better understand their clients' perspectives and better support their needs in the community.

[\*\*Learn More About the Academy\*\*](#)