



## **Realizing, Recognizing and Responding: An Introduction to Trauma-Informed Care**

NYS Social Work CE Contact Hours: 2.0

CASAC Renewal Credit Hours: 2.0

The effects of trauma often go unrecognized, particularly for those who experienced chronic exposure to toxic stress during their development. It is widely recognized that justice-involved individuals have higher rates of exposure to trauma than does the general population. This 2-hour session will introduce participants to the concept of trauma-informed care. Centered around SAMSHA's 3 R's (Realize, Recognize, Respond), the session will review prevalence rates of trauma, examine the effects that trauma can have on the brain and behavior, and introduce steps that individuals and agencies can take to begin the process of transitioning to a trauma-informed model.

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