

# NONPROFIT KNOW-HOW: “OUCH! THAT STEREOTYPE HURTS.”

THURSDAY, SEPTEMBER 12, 2019  
10:00 A.M.-12:00 P.M.

FOUNDATION HALL, FIRST FLOOR  
Greater Cedar Rapids Community Foundation  
324 3rd Street SE, Cedar Rapids

**PRESENTER: BARBARA DUNN-SWANSON,**  
Human Sciences Specialist, ISU Extension & Outreach Linn County

This presentation is designed for organizations interested in promoting feelings of inclusion. The workshop, based on the book by Leslie C. Aguilar, will help participants:

- Understand the impact of stereotypes and biased statements.
- Identify the most common reasons people sit silently in the face of bias and stereotypes.
- Enhance skills for speaking up against stereotypes.

During the two-hour course, participants will learn six specific techniques to use when responding to difficult situations.



## ABOUT THE TRAINER

Barbara Dunn-Swanson facilitates learning experiences with individuals and groups to strengthen family relationships and build community capacity. Some of the topics include wellbeing, early care and education, caregiving, and developing family resilience.



## COST

No charge to participate, but registration is required. Refreshments will be served.

*\*Space is limited. Please designate up to two participants per organization.*



## REGISTRATION

To register, contact:  
Carrie Walker, Nonprofit Network Manager  
319.774.2375 or  
[carrie.walker@gcrf.org](mailto:carrie.walker@gcrf.org)

**REGISTER NOW**