

New resources released in 2026



Preventing needlestick and sharp-object injuries on jobsites guideline (W163)

Discarded needles and sharp objects can pose serious hazards on construction sites. This guideline explains how to prevent injuries through safe handling and disposal practices and how to respond if an injury occurs.



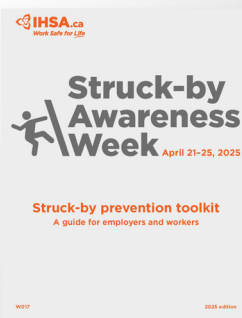
Dump trucks—Workers in vicinity (Safety Talk)

Dump trucks can pose serious hazards, including rollovers, contact with overhead powerlines, struck-by incidents, and crushing injuries. This safety talk explains these dangers and the controls needed to help prevent injuries and fatalities.



Dump truck tipovers—Drivers (Safety Talk)

Raising a dump truck box can make the vehicle unstable by shifting its centre of gravity, increasing the risk of a rollover. This safety talk explains these hazards and the controls needed to help prevent injuries and fatalities.



Struck-by prevention toolkit (W017)

The Struck-by Prevention Toolkit provides practical resources to help workplaces recognize and prevent struck-by hazards, one of the leading causes of injuries in the construction, aggregates, transportation, and electrical utilities sectors.



Lifting with excavators guideline (W463)

Excavators are widely used for lifting operations on construction projects, but improper use can create serious hazards. This guideline explains safe lifting practices, hazard controls, operator competency requirements, and additional safety resources.



Managing fatigue in the workplace (W058)

Fatigue can affect a worker's ability to think clearly, stay focused, and work safely. This hazard advisory explains the safety impacts of fatigue in construction workplaces and how the RACE method can be used to assess and manage fatigue-related risks.



All Good Sticker (S111)

The *All Good* sticker reminds skilled trades workers of key health and safety checks to complete before starting work, including verifying lockout procedures, PPE, training, permits, hazard assessments, and work area conditions.



Bulleting for trenching safety (W164)

This bulletin provides an overview of trenching hazards and safe work practices, with links to additional resources that support worker education and awareness.



Bulletin for heat stress and sun safety (W165)

This new bulletin provides information on heat stress and sun safety hazards in the workplace, along with practical resources to help workers recognize risks and stay safe while working in hot conditions.



Bulletin for workplace mental health (W166)

This new bulletin provides information on workplace mental health, with links to additional resources that support psychological well-being and a healthy work environment.

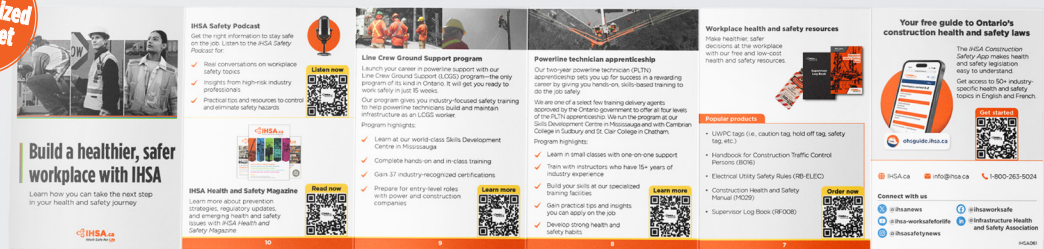


Adequate lighting on construction projects (Safety Talk)

Poor lighting can increase the risk of slips, trips, and falls, strain workers' eyes, and reduce visibility for equipment operators. This safety talk highlights the importance of providing adequate lighting to help maintain a safe work environment.

Coming soon →

Pocket-sized pamphlet



About us pamphlet (IHSA061)

There are many ways to build safer, healthier workplaces with IHSA. This pocket-sized pamphlet introduces the expert training, consulting, resources, specialized programs, and professional development opportunities that we offer for the construction, transportation, and electrical utilities industries.

Safety talk videos 2026

IHSA.ca
Work Safe for Life

Signalling in hoisting operations



The role of a signaller and hand signals for safe hoisting operations

This new safety talk video discusses the role of a signaller, including when a signaller is required, proper positioning, PPE requirements, pre-lift communication, and key hand signals for safe load movement.

IHSA.ca
Work Safe for Life

How to avoid ticks and prevent Lyme disease



How to avoid ticks and prevent Lyme disease

Ticks latch onto humans and animals to feed on their blood. They can also spread bloodborne illnesses, such as Lyme disease and anaplasmosis. This safety talk video covers all you need to know to protect yourself from ticks and reduce your risk of Lyme disease.

IHSA.ca
Work Safe for Life

How to recognize and prevent heat-related illnesses



How to recognize and prevent heat-related illnesses

Heat stress is a serious occupational health hazard—it can lead to heat-related illness such as heat rash, heat cramps, heat exhaustion, or heat stroke. This safety talk video demonstrates how to spot signs of heat-related illnesses in yourself and others.

IHSA.ca
Work Safe for Life

Stretching to prevent musculoskeletal disorders (MSDs)



Stretching to prevent musculoskeletal disorders

Musculoskeletal disorders (MSDs) are one of the most common lost-time injuries in the construction industry. This safety talk video demonstrates stretching exercises to prevent workplace MSDs.

How to manage noise exposure safely



How to manage noise exposure safely

When workers are exposed to noise for too long or at levels that are too loud, this can cause irreversible damage that results in hearing loss. This safety talk video discusses noise exposure limits and the importance of proper noise assessment in the workplace.

Avoid these common poisonous plants on the jobsite



Avoiding common poisonous plants on the jobsite

There are several poisonous plants in Ontario that can cause severe allergic reactions or irritation if they touch your skin. This safety talk video discusses how to identify poisonous plants and protect your skin from contact.

Ice falling hazards



Reducing the risk of struck-by injuries from falling ice

This safety talk video discusses how ice can build up at jobsites and highlights the practical steps that construction employers, supervisors, and workers can take to reduce falling-ice hazards.

Slips, trips, and falls in winter



Preventing slips, trips, and falls by clearing snow and ice buildup

This safety talk video explains slips, trips, and fall hazards and highlights practical housekeeping steps that construction employers, supervisors, and workers can take to reduce these hazards in winter conditions.