

# Heat Stress on the Job: What Every Workplace Needs to Know

Stay Cool. Stay Hydrated.  
Stay Safe.



Recognize  
the Risk



Hydrate  
Regularly



Take Breaks  
in the Shade



Look Out for  
One Another



Free webinar | Thursday, August 20, 2026 | 9:00 to 10:30 a.m.

## What you'll learn:

- How to recognize the signs and symptoms of heat stress
- Ways to assess workplace heat-related risks and make informed decisions
- Practical strategies for hydration (i.e., shade, rest breaks, acclimatization, and supervision)
- How to use heat stress tools and resources to support prevention planning
- Emergency planning
- Real-world approaches from industry professionals managing hot working conditions

## Who should attend:

Employers, supervisors, health and safety representatives, joint health and safety committee members, and anyone responsible for worker safety in hot conditions.

## Who you'll learn from:

**André Gauvin, MHK, CCPE, CIH**  
Occupational Hygienist · OHCOV

**Adrian Malaryk, NCSO**  
Sr. Safety Manager · Kiewit

**Scott Laing, P.Eng., CRSP**  
Stakeholder Relations Coordinator · IHSA

## Register now

Don't wait until the next heat wave. Equip yourself with practical strategies to help prevent heat-related illness in your workplace.

[Click here to register or scan the QR code.](#)

