



Wellness

SUPPORT GROUPS

LIVING WITH HEART FAILURE SUPPORT GROUP

THURSDAY JULY 13, 2023 2:00 PM – 3:00 PM

This program is organized by the Heart Failure Team, includes educational presentations by healthcare professionals, and provides support and camaraderie for people living with chronic heart failure. To subscribe to our monthly heart failure e-newsletter, email a request to Rebecca.Mountain@pennmedicine.upenn.edu

TOPIC: DILATED CARDIOMYOPATHY FOUNDATION: PATIENT RESOURCES AND SUPPORT

Foundation Directors, who are also patients, will give an overview of cardiomyopathy, share their stories, and describe patient resources and support the Foundation provides.

PRESENTERS: *Greg Ruf, Executive Director and Adam Burkhardt, Director of Patient and Family Services*

Greg retired from his work as a business entrepreneur and in 2017 launched the DCM Foundation to bring education, hope and resources to DCM patients and family members. Adam was diagnosed with DCM at age 6, received a heart transplant and recently joined the Foundation, fulfilling a dream to help support other cardiomyopathy patients and family members.



REGISTRATION REQUIRED

To register, scan the QR code to the right or call (610) 738-2300.

Registrants will receive a direct link via email to join the group on the Zoom online meeting platform. Participants will have the opportunity to ask questions through their computer or smart device's video camera, microphone or through the chat function. Video is not required. Support Group attendance is free of charge.

MORE INFORMATION:

Heart Failure Coordinator: 610-738-2583

Email: Rebecca.mountain@pennmedicine.upenn.edu