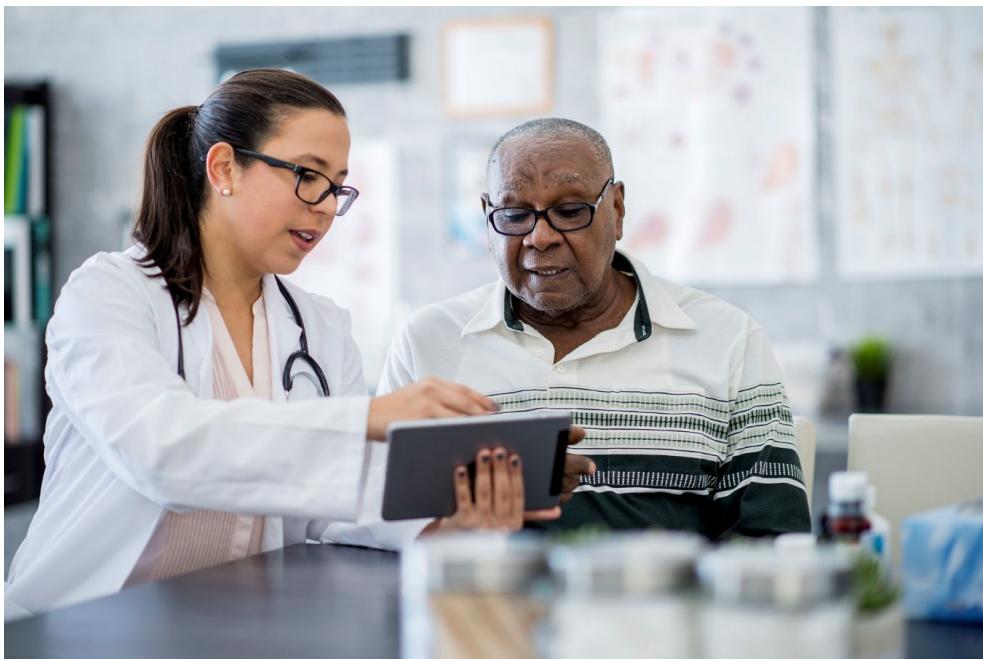


Wellness PRESENTATIONS

LIFESTYLE MEDICINE OCTOBER IS HEALTH LITERACY MONTH



WEDNESDAY, OCTOBER 19, 6:00 – 7:30 PM

HOW TO GET THE MOST FROM HEALTH CARE: BOOST YOUR HEALTH LITERACY!

*Carolyn Cutilli, PhD, RN, NPD-BC, Sofia Carreno, MSN, RN,
Andrea Blount, MPH, BSN, RN, Emma Elizabeth Furth, MD*

Health literacy is defined as being able to find, understand and use health care. As a patient you can make your care safer by being an active, involved and informed member of your healthcare team. This program gives resources and simple advice on how to make health care a good experience and prevent errors in care. Join to learn from healthcare professionals and patients!

REGISTRATION REQUIRED. To register, click on the event title above, call 610.738.2300 or visit ChesterCountyHospital.org/Wellness.