

**NEWBRIDGE
ON THE CHARLES**



Dr. Miriam and Sheldon G. Adelson Campus

March 17, 2023

Hello NewBridge Community,

Just when you think winter is over and the crocuses start blooming we get a Nor'easter! Only in New England. Thank you to the facilities and grounds teams for keeping our campus accessible and all of us warm and dry.

With all of the exciting growth, expansion and opening of our new communities, it is more crucial than ever to establish and build our senior living leadership bench. With an acknowledgement of the work related to launching Leyland and Fireman expansion and an eye towards the future, we are happy to announce that Jessica Coleman, the former Director of Nursing at NewBridge's Assisted Living, has accepted the role of Associate Executive Director. Jessica has worked at NewBridge for more than five years and she has been an exceptional leader and contributor to the NewBridge and HSL community. She will be splitting her time between NewBridge and Simon C. Fireman. In Jessica's new role she will be helping with the day-to-day operations and strategic planning at NewBridge. Additionally, she will be supporting the Simon C. Fireman community in a project management capacity. When you see Jessica please congratulate her and welcome her to her new role. She will officially begin on April 3rd.

It's that time of year again! It's time to review your existing meal credit allowance and determine if you would like to make any adjustments. Should you wish to change your meal credit, we will make a \$50 adjustment to your monthly fee for any 100-point adjustment you wish to make. For example, if you wish to raise your meal credit by 100 points, we'll add \$50 to your monthly bill. Conversely, lowering your meal credit by 100 points will result in a \$50 savings each month to your statement. The effective date for any change you request is April 1. We ask that you submit any changes in

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writing to our billing team via email- Statementinquiries@hsl.harvard.edu or by phone- 781-234-9275 by March 29. This opportunity typically only happens twice a year in April and October so please take advantage now to make any necessary changes.

As a reminder for everyone, please return the luggage carts after you have used them. When you return them they will be there for your neighbor and for you. It's all part of being together in our awesome community.

On the culinary front, we are working so hard to enhance our dining experience. This has been a great challenge, and the team is taking it so seriously and giving it everything they have. We continue to make progress on the 3rd Plus work plan and will continue to update everyone on the Thursday Resident Zoom Chat.

Based on your interest and feedback, the Community Life Team is hosting another Café Connect program on Tuesday, March 21 from 1:30-2:30 p.m. in Great Meadow Hall. NewBridge's Café Connect is specifically designed for residents living with memory changes, but it is open to all! This month, the event will be facilitated by the Expressive Therapy Interns who have been studying under the guidance of Leticia Prieto-Alvarez in Memory AL for the past academic year. It will be wonderful to see the students in action! We hope you will join us and cheer them on as they share their talents. Keep your eyes out for invitations and fliers. Light refreshments will be served. RSVP through the Hotline at x49218.

On Friday, March 24 at 12 Noon, our own Emily Palmer, RNP, will be facilitating an educational session about the benefits of Palliative Care for those living with chronic illnesses. The event will be held via Zoom and is open to all NewBridge residents and family members. It will be a good opportunity to learn the basics and to get your questions answered in real time. RSVP through the Hotline at x48218 to receive the Zoom link.

Lastly, Chuck and Shirley Hurwitz have decided to join our Assisted Living Community. They will move to their new home this Thursday, March 16. Their new

address is 6305 Great Meadow Road; telephone number stays the same at x42448. Please join me in wishing them the best as they begin this new chapter here at NewBridge!

Enjoy your weekend.

Sincerely,

Matt