

# **SUNDAY, MARCH 26 TO SATURDAY, APRIL 1**

# MONTH OF March

| SU | NDAY | , MAR | 26 |
|----|------|-------|----|
| -  |      | ,,    |    |

| 2:00-3:30 PM | TECH ONE-ON-ONE WITH ORAN (SIGN UP AT 4-9218)      | NOSH                  |
|--------------|--|-----------------------|
| 3:30-4:30 PM | FIRESIDE CHAT – ALL WELCOME!                       | FIREPLACE BY CENTRO   |
| 7:30-9:30 PM | DOCUMENTARY NIGHT: THE REAL CHARLIE CHAPLIN (2021) | SOBEL THEATER/CH. 918 |
|              | THE DRAMATIC PRIVATE LIFE OF A COMIC LEGEND.       |                       |

#### **MONDAY. MAR 27**

| 8:30-12:00 PM SUPERVISED EXERCISE FITNESS CENTER 10:00-10:45 AM ZUMBA GOLD AEROBICS STUDIO 11:00-12:00 PM HEBREW CLASS LED BY SIGALIT DAVIS CL CONF. ROOM/ZOOM 11:00 AM BUS DEPARTS FOR TJ MAXX, STOP & SHOP & JOB LOT 11:15-11:45 AM BETTER BALANCE (PLEASE NOTE TIME CHANGE) AEROBICS STUDIO 1:00-2:00 PM SUPERVISED EXERCISE (PLEASE NOTE TIME CHANGE) FITNESS CENTER 2:00-3:00 PM NB RESIDENTS PRESENT: ALAN & HELAINE KANEGSBERG GMH NEW ZEALAND – LAND OF THE LONG WHITE CLOUD | WICHDAT, WIAK 27 |   |                        |
|--|------------------|---|------------------------|
| 11:00-12:00 PM HEBREW CLASS LED BY SIGALIT DAVIS CL CONF. ROOM/ZOOM 11:00 AM BUS DEPARTS FOR TJ MAXX, STOP & SHOP & JOB LOT 11:15-11:45 AM BETTER BALANCE (PLEASE NOTE TIME CHANGE) AEROBICS STUDIO 1:00-2:00 PM SUPERVISED EXERCISE (PLEASE NOTE TIME CHANGE) FITNESS CENTER 2:00-3:00 PM NB RESIDENTS PRESENT: ALAN & HELAINE KANEGSBERG GMH   | 8:30-12:00 PM    | SUPERVISED EXERCISE                                     | FITNESS CENTER         |
| 11:00 AM BUS DEPARTS FOR TJ MAXX, STOP & SHOP & JOB LOT 11:15-11:45 AM BETTER BALANCE (PLEASE NOTE TIME CHANGE) AEROBICS STUDIO 1:00-2:00 PM SUPERVISED EXERCISE (PLEASE NOTE TIME CHANGE) FITNESS CENTER 2:00-3:00 PM NB RESIDENTS PRESENT: ALAN & HELAINE KANEGSBERG GMH   | 10:00-10:45 AM   | ZUMBA GOLD  | <b>AEROBICS STUDIO</b> |
| 11:15-11:45 AMBETTER BALANCE (PLEASE NOTE TIME CHANGE)AEROBICS STUDIO1:00-2:00 PMSUPERVISED EXERCISE (PLEASE NOTE TIME CHANGE)FITNESS CENTER2:00-3:00 PMNB RESIDENTS PRESENT: ALAN & HELAINE KANEGSBERGGMH   | 11:00-12:00 PM   | HEBREW CLASS LED BY SIGALIT DAVIS                       | CL CONF. ROOM/ZOOM     |
| 1:00-2:00 PM SUPERVISED EXERCISE (PLEASE NOTE TIME CHANGE) FITNESS CENTER 2:00-3:00 PM NB RESIDENTS PRESENT: ALAN & HELAINE KANEGSBERG GMH   | 11:00 AM         | BUS DEPARTS FOR TJ MAXX, STOP & SHOP & JOB LOT          |                        |
| 2:00-3:00 PM NB RESIDENTS PRESENT: ALAN & HELAINE KANEGSBERG GMH   | 11:15-11:45 AM   | BETTER BALANCE (PLEASE NOTE TIME CHANGE)                | <b>AEROBICS STUDIO</b> |
|  | 1:00-2:00 PM     | SUPERVISED EXERCISE (PLEASE NOTE TIME CHANGE)           | FITNESS CENTER         |
| NEW ZEALAND — LAND OF THE LONG WHITE CLOUD   | 2:00-3:00 PM     | NB RESIDENTS PRESENT: ALAN & HELAINE KANEGSBERG         | GMH                    |
|  |                  | NEW ZEALAND – LAND OF THE LONG WHITE CLOUD              |                        |
| 3:30-4:30 PM LIVING WITH LOSS SUPPORT GROUP WITH RABBI JUDI EHRLICH BEAL FAMILY CHAPEL   | 3:30-4:30 PM     | LIVING WITH LOSS SUPPORT GROUP WITH RABBI JUDI EHRLICH  | BEAL FAMILY CHAPEL     |
| 4:00-6:00 PM MARLENE YESLEY MOVIE GROUP: <i>TAMPOPO</i> (1985) SOBEL THEATER   | 4:00-6:00 PM     | MARLENE YESLEY MOVIE GROUP: TAMPOPO (1985)              | SOBEL THEATER          |
| A TOUGH, HARDWORKING OWNER OF A SMALL NOODLE   |                  | A TOUGH, HARDWORKING OWNER OF A SMALL NOODLE            |                        |
| RESTAURANT IN TOKYO SETS OUT TO CREATE THE PERFECT BOWL  |                  | RESTAURANT IN TOKYO SETS OUT TO CREATE THE PERFECT BOWL |                        |
| OF NOODLES. DIRECTOR JUZO ITAMI.   |                  | OF NOODLES. DIRECTOR JUZO ITAMI.                        |                        |
| 7:30-9:30 PM DUPLICATE BRIDGE WITH DAVID ARONSON CARD ROOM   | 7:30-9:30 PM     | DUPLICATE BRIDGE WITH DAVID ARONSON                     |                        |
| 7:30-9:50 PM TIMELESS CLASSICS MOVIE NIGHT: NORTH BY NORTHWEST SOBEL THEATER/CH. 918   | 7:30-9:50 PM     | TIMELESS CLASSICS MOVIE NIGHT: NORTH BY NORTHWEST       | SOBEL THEATER/CH. 918  |
| CARY GRANT STARS AS A MADISON AVENUE ADVERTISING EXEC,   |                  | CARY GRANT STARS AS A MADISON AVENUE ADVERTISING EXEC,  |                        |

WHO IS MISTAKEN FOR SOMEONE ELSE AND KIDNAPPED BY

REFRESHMENTS TO FOLLOW

A GROUP OF INTERNATIONAL SPIES. DIRECTOR ALFRED HITCHCOCK.

MEET THE CANDIDATES NIGHT FOR DEDHAM TOWN ELECTION

7:30-9:00 PM

| TUESDAY, MAR 28 |   |                        |
|-----------------|---|------------------------|
| 9:00-9:45 AM    | BOOTCAMP FITNESS CLASS                                      | <b>AEROBICS STUDIO</b> |
| 10:00-12:30 PM  | TECH ONE-ON-ONE WITH BOB (SIGN UP AT 4-9218)                | NOSH                   |
| 12:45-2:00 PM   | TUESDAY MEN'S LUNCH GROUP                                   | NOSH                   |
| 1:00-3:00 PM    | OPEN ART – ALL WELCOME                                      | ART STUDIO             |
| 1:15-2:00 PM    | CLEAN EATING- SUGAR ISN'T THAT SWEET                        | <b>AEROBICS STUDIO</b> |
| 2:00-3:00 PM    | NB INTERFAITH COMMITTEE PRESENTS: THE THREE                 | SYNAGOGUE              |
|                 | ABRAHAMIC TRADITIONS PASSOVER, EASTER AND RAMADAN           |                        |
| 3:30-4:30 PM    | SHABBAT SERVICE EXPLAINED                                   | LIB. READING ROOM      |
| 4:00-6:00 PM    | WILLIE ROSS MOVIE GROUP: THE GREAT SANTINI (1979)           | SOBEL THEATER          |
|                 | ROBERT DUVALL IS "BULL" MEECHUM, A GUNG-HO MARINE PILOT     |                        |
|                 | KNOWN AS THE GREAT SANTINI. ON THE DOMESTIC FRONT,          |                        |
|                 | HE BATTLES WITH HIS LOVING BUT BULLIED FAMILY, PARTICULARLY |                        |
|                 | HIS ADOLESCENT SON.   |                        |
| 7:30-9:30 PM    | SPORTS DRAMA MOVIE NIGHT: THE PROGRAM (1993)                | SOBEL THEATER/CH. 918  |
|                 | A COLLEGE FOOTBALL COACH FORFEITS ALL BUT WINNING TO GET    |                        |
|                 | HIS TROUBLED TEAM TO THE BIG GAME.                          |                        |

AMERICAN POPULAR MUSIC OF 1940-1970

FEATURING SWING CAFE



**GMH** 

**GMH** 

8:00-9:00 PM



# **SUNDAY, MARCH 26 TO SATURDAY, APRIL 1**



FITNESS CENTER

**AEROBICS STUDIO** 

**AEROBICS STUDIO** 

SOBEL THEATER/CH. 918

AFRORICS STLIDIO

| WFD | NESD | AY. | MIA | K 79 |
|-----|------|-----|-----|------|

| 8:30-12:00 PM | SUPERVISED EXERCISE | FITNESS CENTER |
|---------------|---------------------|----------------|
|---------------|---------------------|----------------|

BUS DEPARTS FOR SUDBURY FARMS, TRADER JOE'S & CVS 9:00 AM

9:30-10:15 AM BARRE PILATES FUSION **AEROBICS STUDIO** 10:00-11:00 AM COFFEE CONNECTION WINTER GARDEN

11:00-12:00 PM TORAH STUDY GROUP WITH RABBI JUDI INTERFAITH CHAPEL

1:00-3:00 PM SUPERVISED EXERCISE 1:15-1:55 PM FIT AND FLEXIBLE

ROOTCAMP

3:30-4:30 PM NEEDLEWORK AND HANDWORK GROUP LED BY TARA FLEMING TERRACE ROOM

3:45-4:45 PM TAI CHI

4:00-5:00 PM 4th FLOOR NORTH MEETING

4:00-5:00 PM A RAINBOW OF CROONER COLORS **SYNAGOGUE** 

PRESENTED BY RADIO BROADCASTER FRANK KING

5:30 PM BUS DEPARTS FOR DINNER @ BERNARD'S RESTAURANT,

CHESTNUT HILL (SIGN UP AT 4-9218)

NEW RELEASE MOVIE NIGHT: LIVING (2023) - NOT TO BE MISSED! 7:30-9:15 PM

> BILL NIGHY STARS AS A BUTTONED-UP BUREAUCRAT TRANSFORMED BY A GRIM DIAGNOSIS IN THIS DRAMA BY THE NOVELIST KAZUO ISHIGURO

ADAPTED FROM AN AKIRA KUROSAWA MOVIE.

#### **THURSDAY, MAR 30**

9.00-9.45 AM

| 3.00-3.43 AIVI | BOOTCAMIF   | ALIODICS STODIO       |
|----------------|---|-----------------------|
| 9:00-10:00 AM  | WAFFLE THURSDAY BREAKFAST                           | MEADOWVIEW,           |
|                | (RESERVATIONS <b>NOT</b> REQUIRED)                  | ASSISTED LIVING       |
| 11:30-12:30 PM | NY TIMES CROSSWORD PUZZLE GROUP                     | LBR. RDN. ROOM        |
| 1:00-2:00 PM   | CONVERSATIONS ABOUT TOUGH STUFF WITH RABBI JUDI     | BEAL FAMILY CHAPEL    |
| 1:30-4:30 PM   | RED SOX OPENING DAY PARTY                           | GMH                   |
| 3:30-4:30 PM   | RESIDENTS' CHAT HOSTED BY JERRY WYNER               | ZOOM                  |
| 7:30-9:30 PM   | WESTERN MOVIE NIGHT: THE SONS OF KATIE ELDER (1965) | SOBEL THEATER/CH. 918 |
|                |   |                       |

KATIE ELDER'S FOUR SONS AVENGE THE MURDER OF THEIR FATHER AND THE SWINDLING OF THEIR MOTHER. STARRING JOHN WAYNE

AND DEAN MARTIN.

8:00-9:00 PM BRUCH CONCERTO AND MORE FEATURING YEVGENY KUTIK, **GMH** 

VIOLIN, DINA VAINSHTEIN, PIANO – NOT TO BE MISSED!

### FRIDAY, MAR 31 8:30-12:00 PM

| 8:30-12:00 PM       | SUPERVISED EXERCISE                            | FITNESS CENTER  |
|---------------------|--|-----------------|
| 10:20 AM & 12:50 PM | BUS DEPARTS FOR LEGACY PLACE SHOPPING          |                 |
| 11:00-12:00 PM      | CURRENT EVENTS DISCUSSION GROUP                | ZOOM            |
| 1:15-1:45 PM        | BETTER BALANCE                                 | AEROBICS STUDIO |
| 5:00-6:00 PM        | FRIDAY SHABBAT SERVICE WITH RABBI IUDI EHRLICH | SYNAGOGUE       |

7:30-9:30 PM COMEDY MOVIE NIGHT: THE BIRDCAGE (1996) ROBIN WILLIAMS, GENE HACKMAN, NATHAN LANE, AND DIANNE

WIEST LEAD THE LAUGHS IN THIS WILD COMEDY THAT INSISTS

YOU DON'T HAVE TO BE A WOMAN TO BE A MOTHER.



SOBEL THEATER/CH. 918



# SUNDAY, MARCH 26 TO SATURDAY, APRIL 1



SATURDAY, APR 1

10:00-11:00 AM YOGA AEROBICS STUDIO

2:00-4:00 PM HOSPITALITY COMMITTEE & COMMUNITY LIFE SATURDAY SOCIAL: GMH

GUESS WHO? – ALL WELCOME!

7:30-9:00 PM ISRAELI MOVIE NIGHT: BETWEEN WORLDS (2016)

OLIEL LIES SEVERELY INJURED AND UNCONSCIOUS IN HOSPITAL AFTER A TERROR ATTACK IN JERUSALEM. A BEAUTIFUL GIRL, APPARENTLY THERE TO ATTEND TO HER DYING FATHER, BONDS WITH OLIEL'S MOTHER. TWO WOMEN, BOTH HIDING A SECRET, WHILE WAITING AND HOPING, WILL LEARN ABOUT TRUTH, FAITH, UNDERSTANDING, AND ACCEPTANCE.

SOBEL THEATER/CH. 918



The smallest act of kindness is worth more than the grandest intention.



Oscar Wilde



HOW DO YOU CONNECT WITH OTHERS AT NEWBRIDGE?