



Programs for May 19th – May 26th

Sunday, May 19

- 1:00 Bus Departs For New Rep Theater (previous sign-up required)
- 2:00 “FAUDA” Episodes 1 & 2: Theater/Channel 918
- 7:00 “FAUDA” Episodes 1 & 2 Theater/Channel 918

Monday, May 20

- 8:30-12:00 Supervised Exercise: Fitness Center
- 9:00 Yoga Stretch: Aerobics Studio
- 10:00 Conversational Hebrew with Yona Rosenman: Community Life Conference Room
- 11:00-12:45 Bus Departs for Shopping at the Dedham Mall (TJMAXX, S&S)
- 1:00-3:00 Supervised Exercise: Fitness Center
- 1:15 Fit and Flexible: Aerobics Studio
- 2:00 Topic of the Month with Larry Lowenthal: *Loneliness in America: A Cultural Analysis*: GMH
- 5:00 Wine Down Monday: Terrace Room
- 7:00 Bingo Night: Synagogue
- 7:30 “The Last Resort”: Theater/Channel 918

Tuesday, May 21

- 8:30 Zumba Gold: Aerobics Studio
- 10:00 Coffee Connection: Club Room
- 10:30 *Spring Course: From the Big Bang to the End of Time – A Gentle Introduction to the History and Fate of the Universe*, Led by Prof. Richard French: Synagogue (prior registration required)
- 11:00 Yoga Meditation and Gentle Stretch (Chair Yoga): Aerobics Studio
- 1:00-2:00 Supervised Swim: Pool
- 2:00 *Women's Baseball League* – Meet members of the original “League of Their Own”:
Assisted Living, Living Room
- 2:00 Better Balance: Aerobics Studio (please note time change)**
- 2:00 “Seabiscuit”: Theater/Channel 918
- 7:30 *Shostakovich, Dvorak, & Brahms - Epic Piano Quintets*
Featuring Pianist Joy Cline Phinney and the Artists of MusiConnects: Great Meadow Hall
- 7:30 “Seabiscuit”: Theater/Channel 918

Wednesday, May 22

- 8:30-12:00 Supervised Exercise: Fitness Center
- 9:00-10:45 Bus Departs for Shopping at the Needham Plaza
- 9:00 Mastering Balance: Aerobics Studio
- 11:00 Torah Study Group with Rabbi Judi Ehrlich: Interfaith Chapel
- 1:00-2:30 Supervised Exercise: Fitness Center
- 1:15 Yoga Fit with Meditation: Aerobics Studio
- 3:30 *Spring Course: Orchestral Works of the late 19th and 20th Centuries*
Led by Professor Elizabeth Seitz: Theater (prior registration required)



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Wednesday, May 22, CONTINUED

4:00 From “We” to “Me”: A Discussion Group for residents who have lost a partner with Shana Sklar: Community Life Conference Room

7:30-9:00 *Silent Film Comedy with Live Music: Buster Keaton’s ‘Seven Chances’*

Presented by Jeff Rapsis: Great Meadow Hall

7:30 “The Meyerowitz Stories-New and Selected”: Theater/Channel 918

Thursday, May 23

9:00 Zumba Gold: Aerobics Studio

10:00 Coffee Connection: Club Room

10:00 Aqua Aerobics: Pool

10:30 *Spring Course: Art & Politics: The Case of Red Russia* by Dr. Anna Katsnelson:

Theater (prior registration required)

11:00 Fit and Flexible: Aerobics Studio

11:30 NY Times Sunday Crossword Puzzle Group: Admin Board Room (**note room change**)

1:00 Tai Chi: Aerobics Studio

2:00 *Art Salon @ NewBridge: Linda Huey, Pottery & Sculpture*: Synagogue (RSVP at 4-9218)

2:00 One-on-One Technology Support with Needham High Students: Nosh (sign up at 4-9218)

2:00 “Daughters of the Dust”: Theater/Channel 918

5:45 Bus Departs for Boston Harbor Sunset Cruise (sign up at 4-9218)

7:30 “Daughters of the Dust”: Theater/Channel 918

Friday, May 24

8:30-10:00 & 11:00-12:00 Supervised Exercise: Fitness Center (please note time changes)

10:15 Current Events Discussion Group: Theater

11:00-12:45 Bus Departs for Shopping at the Dedham Plaza (Star Market, Whole Foods)

1:00-2:00 Supervised Exercise: Fitness Center

2:00 *From the Old World to the New – Bach, Schumann, Chopin, Ives & More*

Featuring Pianist Sivan Etedgee: Assisted Living, Living Room

2:00 Better Balance: Aerobics Studio

2:00 “Cover Girl”: Theater/Channel 918

5:00 Friday Night Service: Synagogue

7:30 “Cover Girl”: Theater/Channel 918

Saturday, May 25

10:00 Stretch & Strength with Fitness Instructor Pearl Pressman: AL Living Room, 2nd Floor

10:20 & 12:50 Bus Departs for Legacy Place

11:00 Brain Boosters with Bonnie Edes: AL Art Room

2:00 “Blue Jay”: Theater/Channel 918

7:30 *The Rockin’ Chairs: 50’s Rock & Roll Band*: Great Meadow Hall

7:30 “Blue Jay”: Theater/Channel 918