

SUNDAY, JANUARY 9

10:00-10:45 AM

2:00-3:50 PM

7:30-9:05 PM

GET FIT WHILE YOU SIT 2.0

SUNDAY TV SERIES: *THE FORSYTE SAGA*

(SEASON 2, EPISODES 1 & 2)

AN EPIC DRAMA SPANNING THREE GENERATIONS OF THE POWERFUL FORSYTE FAMILY AT THE TURN OF THE 20TH CENTURY FROM BROADWAY ARCHIVE: *AWAKE AND SING!* (1972) THIS PORTRAIT OF A JEWISH FAMILY IN A BRONX TENEMENT PERFECTLY CAPTURES THE SPIRIT OF THE DEPRESSION YEARS, AND IS SUFFUSED WITH DETAILS OF CHARACTER AND PLACE THAT COMBINE TO BE AFFECTING EVEN NOW.

CH. 918

SOBEL THEATER/CH. 918

SOBEL THEATER/CH. 918

MONDAY, JANUARY 10

8:30-12:00 PM

9:00-10:00 AM

10:00-10:45 AM

11:00 AM

1:00-3:00 PM

2:00-3:00 PM

3:30-4:15 PM

5:30-7:30 PM

7:30-9:30 PM

7:30-9:30 PM

SUPERVISED EXERCISE

YOGA FITNESS CLASS

BOOTCAMP 2.0

BUS DEPARTS FOR TJ MAXX, STOP & SHOP, AND JOB LOT

SUPERVISED EXERCISE

NB ENVIRONMENTAL SUSTAINABILITY COMMITTEE

PRESENTS –*NEWBRIDGE: A GREEN COMMUNITY*

FIT AND FLEXIBLE

JANUARY BIRTHDAY CELEBRATION

DUPLICATE BRIDGE WITH DAVID METCALF

NEW RELEASE MOVIE NIGHT: *NATIONAL CHAMPIONS*

THREE DAYS BEFORE THE COLLEGE FOOTBALL NATIONAL

CHAMPIONSHIP GAME, TWO STAR ATHLETES IGNITE

A PLAYERS' STRIKE DECLARING THEY WON'T COMPETE

UNTIL ALL STUDENT-ATHLETES ARE FAIRLY COMPENSATED.

FITNESS CENTER

AEROBICS STUDIO

CH. 918

FITNESS CENTER

GMH

CH.918

SYNAGOGUE

CARD ROOM

SOBEL THEATER/CH. 918

TUESDAY, JAN. 11

9:00-9:45 AM

10:00-10:45 AM

12:45-2:00 PM

1:15-1:45 PM

2:00-3:30 PM

BOOTCAMP FITNESS CLASS

YOGA FIT 2.0

TUESDAY MEN'S LUNCH GROUP

BETTER BALANCE FITNESS CLASS

MET AT HOME: *NEW YEAR'S GALA* (RECORDED 12.31.20)

SOPRANOS ANGEL BLUE AND PRETTY YENDE AND TENORS

JAVIER CAMARENA AND MATTHEW POLENZANI CAME

TOGETHER AT THE PARKTHEATER IN AUGSBURG, GERMANY,

TO PERFORM A PROGRAM PACKED WITH POPULAR OPERATIC

ARIAS AND ENSEMBLES BY DONIZETTI, PUCCINI, ROSSINI,

VERDI, & MORE — AS WELL AS SOME FESTIVE ITALIAN SONGS.

AEROBICS STUDIO

CH. 918

NOSH

AEROBICS STUDIO

CH.918

4:00-6:00 PM

MARILYN STONE MOVIE GROUP: *ON GOLDEN POND*
"HENRY FONDA AND KATHERINE HEPBURN ARE A WONDROUS DUO IN THIS WISTFUL DRAMA THAT MOVINGLY EXPLORES THE TWILIGHT YEARS OF A LOVING MARRIAGE".

7:30-9:50 PM

COMEDY MOVIE NIGHT: *LAST HOLIDAY* (2014)
QUEEN LATIFAH STARS IN THIS COMEDY AS A WOMAN WHO SPENDS HER SUBSTANTIAL LIFE SAVINGS ON A WHIRLWIND EUROPEAN VACATION WHEN SHE LEARNS SHE HAS ONLY WEEKS TO LIVE.

SOBEL THEATER/CH. 918

8:00-9:00 PM

CORY PESATURO, WORLD CHAMPION ON ACOUSTIC, DIGITAL & JAZZ ACCORDION

GMH

WEDNESDAY, JAN. 12

8:30-12:00 PM

SUPERVISED EXERCISE

FITNESS CENTER

9:00-10:15 AM

BUS DEPARTS FOR SUDBURY FARMS, TRADER JOE'S & CVS

10:00-10:45 AM

CHAIR ZUMBA GOLD 2.0

CH. 918

10:00-11:00 AM

COFFEE CONNECTION

TERRACE ROOM

10:00-11:00 AM

CAREGIVER SUPPORT GROUP

LBR READING ROOM

10:00-11:00 AM

LINE DANCING

AEROBICS STUDIO

11:00-12:00 PM

TORAH STUDY WITH RABBI JUDI EHRLICH

ZOOM/CH.918

1:00-3:00 PM

SUPERVISED EXERCISE

FITNESS CENTER

1:15-1:45 PM

BETTER BALANCE FITNESS CLASS

AEROBICS STUDIO

2:00-3:15 PM

THE AMAZING DOC POMUS STORY

GMH/CH. 918

PRESENTED BY FORMER WBUR RADIO

BROADCASTER FRANK KING

3:30-4:15 PM

FLEX & STRETCHED 2.0

CH.918

3:30-4:30 PM

A STITCH IN TIME – KNITTING GROUP WITH TARA

CENTRO FIREPLACE

7:30-10:00 PM

FOREIGN MASTERPIECE MOVIE NIGHT: *LA STRADA* (1954)

SOBEL THEATER/CH. 918

FEDERICO FELLINI'S EARLIEST MASTERPIECE IS A STORY OF DESPAIR AND OPTIMISM, CRUELTY AND SALVATION, THAT OCCASIONED THE DIRECTOR'S ASCENT TO STARDOM. STARRING GIULIETTA MASINA AND ANTHONY QUINN.

THURSDAY, JAN. 13

10:00-10:45 AM

KEEPIN' IT LOOSE 2.0

CH. 918

10:00-10:45 AM

ADVANCED EXERCISE & SELF DEFENSE CLASS

AEROBICS STUDIO

11:30-12:30 PM

NY TIMES CROSSWORD PUZZLE GROUP

ZOOM/THEATER

1:00-2:00 PM

ADVANCED TAI CHI

ZOOM

1:15-3:00 PM

ENVIRONMENTAL FILM: *ICE ON FIRE* - NOT TO BE MISSED!

CH. 918

PRODUCED BY OSCAR-WINNER LEONARDO DICAPRIO AND DIRECTED BY LEILA CONNERS, THIS FILM IS AN EYE-OPENING DOCUMENTARY THAT FOCUSES ON MANY NEVER-BEFORE-SEEN SOLUTIONS DESIGNED TO SLOW DOWN OUR ESCALATING ENVIRONMENTAL CRISIS.

2:00-3:00 PM

BEGINNERS TAI CHI

ZOOM

3:30-4:30 PM

RESIDENTS' CHAT HOSTED BY JERRY WYNER

ZOOM/CH. 918

7:30-9:15 PM

LONDON SYMPHONY ORCHESTRA: *SHOSTAKOVICH 5*
THE LSO'S PRINCIPAL GUEST CONDUCTOR MICHAEL TILSON
THOMAS CELEBRATED HIS 70TH BIRTHDAY IN 2015
WITH A CONCERT FEATURING MUSIC BY SHOSTAKOVICH,
COLIN MATTHEWS, AND GERSHWIN,

SOBEL THEATER/CH. 918

FRIDAY, JAN. 14

8:30-12:00 PM

SUPERVISED EXERCISE

FITNESS CENTER

10:00-10:45 PM

FIT & FLEXIBLE 2.0

CH. 918

10:20 AM & 12:50 PM

BUS DEPARTS FOR LEGACY PLACE SHOPPING

11:00-12:00 PM

CURRENT EVENTS DISCUSSION GROUP

ZOOM

11:15 AM

BUS DEPARTS FOR BSO PERFORMANCE

1:00-3:00 PM

SUPERVISED EXERCISE

FITNESS CENTER

1:15-1:45 PM

BETTER BALANCE FITNESS CLASS

AEROBICS STUDIO

2:00-3:20 PM

FROM BERLINER PHILHARMONIKER ARCHIVE:

CH. 918

HERBERT VON KARAJAN—THE SECOND LIFE

"WHAT REMAINS OF KARAJAN?" - ASKS THE AWARD-
WINNING DOCUMENTARY FILMMAKER ERIC SCHULZ.

IN THIS FILM SCHULZ EXPLORES THE MAN AND

THE MUSICIAN—AND ESPECIALLY HIS MEDIA LEGACY.

5:00-6:00 PM

FRIDAY SHABBAT SERVICE LED BY RABBI JUDI EHRLICH

SYNAGOGUE/CH.918

7:30-9:20 PM

FEEL GOOD MOVIE NIGHT: *THE MAGIC OF BELLE ISLE*

SOBEL THEATER/CH. 918

MORGAN FREEMAN STARS AS A FAMOUS WESTERN NOVELIST
WHOSE PASSION FOR WRITING HITS AN IMPASSE. HE TAKES
A LAKESIDE CABIN FOR THE SUMMER IN PICTURESQUE BELLE
ISLE, BEFRIENDING THE FAMILY NEXT DOOR—AN ATTRACTIVE
SINGLE MOM AND HER YOUNG DAUGHTERS—WHO HELP HIM
FIND INSPIRATION AGAIN.

SATURDAY, JAN. 15

10:00-10:45 AM

SATURDAY SHABBAT SERVICE LED BY RABBI KAREN LANDY

CH. 918

11:00-11:45 AM

FLEX & STRETCHED 2.0

CH. 918

12:00 PM

RESIDENTS' CHAT HOSTED BY JERRY WYNER

CH.918

RECORDED ON JANUARY 13

2:00-3:45 PM

PBS AMERICAN EXPERIENCE: *FREEDOM RIDERS*

CH. 918

THE STORY BEHIND A COURAGEOUS BAND OF CIVIL
RIGHTS ACTIVISTS CALLED FREEDOM RIDERS WHO IN 1961
CHALLENGED SEGREGATION IN THE AMERICAN SOUTH.

7:30-9:30 PM

SUSPENSE DRAMA MOVIE NIGHT: *MR.BROOKS* (2007)

SOBEL THEATER/CH. 918

KEVIN COSTNER UNVEILS HIS INNER PSYCHO IN THIS
THRILLER THAT FINDS HIM PLAYING A FAMILY MAN
BY DAY...AND A SADISTIC KILLER BY NIGHT.