

MeadowView

Breakfast Menu






From the Grill

Eggs, Any Style
Buttermilk Pancakes
French Toast
Turkey Bacon
Turkey Sausage
Hash Brown Potatoes

Omelets



Egg White  Whole Egg
Swiss, Cheddar,
American Cheese
Onion  Pepper 
Tomato  Mushroom 
Spinach  Turkey Bacon

Fruit and Yogurt

Fresh Whole Fruit Selection 
Fresh Fruit Cup with Low Fat Cottage Cheese 
Fresh Blueberries  Prunes 
Dannon Fruit on the Bottom Yogurt
Chobani Yogurt 

ADD ONS: Avocado, Walnuts, Sliced Almonds, Pecans,
Sun Flower Seeds, Dried Cranberries, Raisins

Beverages

Juice: Orange, Cranberry, Apple, Grape, Prune,
Grapefruit, V-8
Fresh Brewed Coffee,
Black, Mint  or Green Tea 

Cereals

Rice Krispies,
Special K, Corn Flakes
Raisin Bran, Cheerios
Granola, Oatmeal 
Cream of Wheat

Freshly Baked

Blueberry Muffin
Sweet Pastry of the Day
Assorted Bagels
12 Grain Bread, Light Rye,
Marble Rye, White, Wheat,
Raisin, English Muffin
Lox and Cream Cheese

Consuming raw or undercooked meat, fish, shellfish, poultry, or eggs, can increase your risk of a food borne illness. Check with your server if you have specific dietary needs



Low Fat, Low Sodium, Low Sugar