

# This week<sup>at</sup> NewBridge

NEWBRIDGE ON THE CHARLES



## Matt's Corner

[Matt's Weekly Letter](#)

[Landscaping Committee Update](#)

[Cottage AC Service Schedule](#)

[Assisted Living Breakfast Menu](#)

(No reservations required!)

[Centro Dinner](#)

[Nosh Dinner Menu](#)

## Programs @ NewBridge

LECTURES, CONCERTS, COURSES, FITNESS, SPIRITUAL PROGRAMS & MORE

## weekly calendar

[Click here to  
read](#)

JUNE 4 - 10

"One of the marvelous things  
about community is that it  
enables us to welcome and help  
people in a way we couldn't as  
individuals."

Anonymous



HOW DO YOU CONNECT WITH OTHERS AT NEWBRIDGE?

# THE NEWBRIDGE TROUBADOURS



## CHOIR CONCERT

*Love Songs Through  
the Decades*

Sunday, June 4, 2023  
2:00 p.m.

Great Meadow Hall  
NewBridge on the Charles  
Dedham

## *Violin Sonatas*

Composer and Pianist John Kramer returns to NewBridge with Violinist Julia Cash to perform two wonderful violin sonatas: the Schubert Sonata in A major, the "Grand Duo", and his own new original work. Both are filled with wonderful melodies, colors, drama, and excitement.

TUESDAY, JUNE 6 @ 8:00 PM, GMH



## *What It's Like to Write about People You Love & Ones You Don't*

### **LARRY TYE, NY TIMES BESTSELLING AUTHOR**

Larry Tye's talk focuses on what it's like writing the biographies of people he adored, and those he abhorred. Tye, a former reporter at the Boston Globe, has done both. He wrote books on childhood heroes Bobby Kennedy, Satchel Paige & Superman, and one is due out next spring on his jazz favorites, Duke Ellington, Louis Armstrong and Count Basie. But he's also written about villains, including the Red-baiting Senator Joe McCarthy and the less-than-noble father of public relations, Edward Bernays. He shares how he labors to be fair to the latter and not lionize the first group.

WEDNESDAY, JUNE 7 @ 2:00 PM, GMH



## *Iconic Infrastructure: The Building of the Panama Canal*

LEWIS EDGERS, PROFESSOR EMERITUS OF  
THE SCHOOL OF ENGINEERING AT TUFTS

The talk focuses on the construction of the Panama Canal at the beginning of the 20th century. Prof. Edgers discusses the challenges posed by the tropical climate, abundance of water, unstable geology, and disease (yellow fever and malaria). He contrasts the successful American effort with the failed French effort. The recently completed Panama Canal expansion will also be described.

FRIDAY, JUNE 9 @ 2:00 PM, GMH







## **Exploring Quilting with Naomi Webb**

Naomi Webb (host) has been a quilter for 35 years. She has exhibited her work in three one-woman shows and has won multiple awards and ribbons. Teaching is her joy and hobby!

This group will explore the history of quilting over the generations & quilting as an art form. We will have classes, demonstrations, quilting challenges, and other activities.

Join us for a pleasant morning of discovery. ALL welcome, no experience necessary.

**Tuesdays  
10-11:30 am,  
Art Studio**

## MINDFUL LIVING WITH LISA CAMPBELL



The peace, joy, and happiness you seek is already within you; we're just remembering where it is! Learn practices of mindful awareness and gentle breathing exercises to help manage stress and cultivate deeper gratitude and wellbeing in your life. Connect with like-minded friends and be empowered to live a happier life.



**THURSDAYS @ 1PM, AEROBICS STUDIO**

## Fireside Chat Sundays

An intimate neighborly schmooze  
- all welcome!

Sundays @ 3:30 pm, by Centro Fireplace





Parry Gripp

# Do You Like Waffles?



Join us every Thursday morning from 9am to 10am in  
Meadow View!!!



## **SCHOLARSHIP AWARDS CEREMONY**

**SAVE THE DATE CHANGE**

**Friday, June 16, 2023**  
**2:00 p.m.**

**GREAT MEADOW HALL**



## SCHOLARSHIP FUND CARDS

**for all occasions  
glad and sad**

To purchase cards contact  
**Marlene Yesley** at 4.2284 or  
**moyesley@gmail.com**

or

**Terri Union** at 4.2445 or  
**terriunion@gmail.com**

**Thank you for supporting the NBOC  
Scholarship Fund**

## WELCOME TO NEWBRIDGE!



Please give a warm welcome to Janet Pozen, who moved to #5206 earlier this week from her home in Newton. Her number is 4-2553.



(click underlined links to view content)

**NewBridge Foodie**  
**Food & Beverage Dept. Contact List**

**Special Dining Info:**

**Meadow View (AL) Breakfast Menu**  
**Friday Shabbat Menu**  
**Friday Shabbat Order Form**

**Weekly Food Menus:**

**Nosh Lunch Menu**  
**Nosh Lunch Soups**  
**Nosh Lunch Specials**  
**Nosh Dinner Weekly**  
**Nosh Dinner Always On \***  
**(\*pre-order for to go only)**  
**Nosh Dinner Buffet Light Fare\*\***  
**(\*\*Not Available Shabbat & Dairy Nights)**

**NEW! Centro Lunch Menu**  
**Centro Always On**  
**Centro Dinner Weekly**

Nosh Online  
Dinner Order

Centro Online  
Dinner Order

**Online Dining**  
**Reservations**

***Click Button Below To  
Reserve***

Centro  
Reservations

Nosh  
Reservations

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